

CARROLL COUNTY RESPONDS TO SUBSTANCE USE DISORDER

Agenda – April 1, 2025

Prevention – Continuum of Care Workgroup

Meets First Tuesday of Feb, Apr, Jun, Oct, Dec.

FMI:

Jennifer Thomas, jennifer.thomas@graniteuw.org

Catalina Kirsch, catalina.kirsch@graniteuw.org



See Minutes and Agendas here:

<http://www.c3ph.org/initiatives/continuum-of-care-for-substance-use-disorders>

See Shared Folder for flyers and announcements here:

https://drive.google.com/drive/folders/1BFsX-kCE6IZ2VfKwWa2gB6IJ0vWaV_wr?usp=sharing

8:55 Register for Zoom Meeting <https://us02web.zoom.us/meeting/register/tZwtceigqDIuHtRorTn80ou-lizThDOxqgR8>

Attendance:

- Strategic Planning for Fiscal Year 2025

Objectives	Updates	Follow up items, By Who
<p>Special Guest Speaker: Ellie Masson Recovery Friendly Workplace ellie.masson@graniteuw.org</p>	<p>Led by the NH Governor’s Office, New Hampshire's "Recovery Friendly Workplace Initiative" promotes individual wellness for Granite Staters by empowering workplaces to provide support for people recovering from substance use disorder.</p> <p>The Recovery Friendly Workplace Initiative gives business owners the resources and support they need to foster a supportive environment that encourages the success of their employees in recovery. https://www.recoveryfriendlyworkplace.com/</p>	<p>Completing this form is the first step of the Recovery Friendly Workplace designation process. By completing this form, your organization is demonstrating its readiness to meet with a Recovery Friendly Workplace representative and its interest in attaining the</p>

		Recovery Friendly Workplace designation. https://www.recoveryfriendlyworkplace.com/interest
Assets and Gaps Analysis –	<ol style="list-style-type: none"> 1. Update- Juvenile Diversion Network 2. Getting To Y – YRBS – in line with BDAS Gaps in needs – LGBTQIA+, service members, veterans and their families, first responders, aging, Bi-POC 3. Prevention – GTY at MA and trying to pull additional youth group; Promoting Student Assistant Program Coordinators; Working hard to engage more SAU admins 4. Climate/health behavior survey for young adults done and ready to share 5. Concerns about Violence/bullying; knowledge and skills low per 4th, 5th and 6th grades 	
Increasing Awareness of and Access to Services -	<ol style="list-style-type: none"> 1. CCVC Conference – service provider connections across multiple sectors - Ask The Question Ask the Question 2. CCVC - focus on family support 3. LGBTQIA+ / BIPOC resource list done! 	
Communication and Collaboration among providers – Capacity and Delivery of Services	<ol style="list-style-type: none"> 1. Northern Human Services – wait list is decreasing. 2. Other announcements about services delivery or capacity? 	
Disseminating resource guides and other information - Catalina	<ol style="list-style-type: none"> 1. Resource list of Mental Health / Behavioral Health Providers in development. Will be posted at https://www.c3ph.org/assets/pdf/Mental_Health_Behavioral_Health_Providers_2025_03_24.pdf 2. For service members, veterans and their families – www.carrollcountyveteranscoalition.org 3. See C3PH.org https://www.c3ph.org/resource-center/resource-guides 	

	<p>4. NH DMI Drug Environment Report Feb 2025 New Hampshire's Drug Environment Summary:</p> <ul style="list-style-type: none"> • There are currently 282 confirmed overdose deaths for 2024 with 4 pending; at this time in 2023 there were 422 confirmed deaths and 5 pending. • Confirmed overdose deaths so far in 2024 are over 33% less than at this time in 2023. • Carroll County 2024 OD Deaths per 10k population is at 1.76, 7th highest of 10 counties, trending upward in 2024. • Overdose deaths in Carroll County between Jan – Mar 2025 occurred in Jackson, Bartlett, Conway, Madison, Freedom, Ossipee and Wolfeboro. To date there have been 9. (compared to 22 in 2015) • EMS Drug Overdose/Abuse Incidents between 1/2024 – 2/2025 were reported in all Carroll County towns except Chatham, Eaton, Freedom, Brookfield. • EMS Narcan Administration between 3/2024 – 2/2025 occurred in all Carroll County towns except Chatham, Eaton, Tamworth, Freedom, Effingham, Brookfield. 	
Stakeholder assistance in information dissemination -	See CC Responds to SUD Flyers Folder here and add your own flyers, event/service announcements. Take a look in the Google Folder. Lots of valuable info!	
Advocacy	<ol style="list-style-type: none"> 1. See New Futures Flyer for winter training opportunities 2. Upcoming legislation related to SUD/Behavioral Health. Follow https://new-futures.org/news 	
Strategic Prevention Model: assessment, capacity development, planning, implementation, evaluation - Jen	Update on Prevention objectives for 2024-2025 <ol style="list-style-type: none"> 1. Climate survey for young adults 2. Trying to engage youth and young adults in prevention 3. Working on pulling together focus groups to run an SPF 	
Reducing Risk Factors and Strengthening Protective Factors - Jen	Update on Prevention Objectives for 2024-2025 <ol style="list-style-type: none"> 1. Promote Magnify Voices Expressive Arts Contest among NH students grades 5-12 to create art to raise awareness about mental health. Celebration event at Currier Museum of Art in 	

	<p>the spring. See Flyer. Also website https://nhcsoc.org/magnify-voices/</p> <ol style="list-style-type: none"> 2. Increasing collaboration among community level organizations serving youth – GTY Group 3. Getting into elementary level health classes and HiSET class – great conversations 	
<p>Other updates?</p> <p>Early ID & Intervention</p> <p>Treatment & Recovery</p>		

10:25 Other updates? Announcements?

10:30 Adjourn.

Happy Spring! Thanks for all you do! If you would like to unsubscribe from this email list, send a message that says “unsubscribe” to continuum@c3ph.org .

Jennifer Thomas, jennifer.thomas@graniteuw.org

Catalina Kirsch, continuum@c3ph.org

Next meeting:

You are invited to a Zoom meeting.

When: Jun 3, 2025 09:00 AM Eastern Time (US and Canada)

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZwtceigqDluHtRorTn80ou-lizThDOxqgR8>

After registering, you will receive a confirmation email containing information about joining the meeting.

NH LSW/LSWA LSW and LSW-A Information ([click here](#) to download the info sheet)

July 2024 This [video](#) can answer many of your questions about LSW and LSW-A

- Why tiered licensure?

Billing requirements from insurance providers for licensure to provide/receive care	Professional development & career ladder
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- LSW covers primarily case management and counseling:** Psychotherapy, top signature on treatment plans, differential diagnosis are NOT in the scope of practice for LSW's

- LSW (Licensed Social Worker)**

Attend and graduate from an accredited BSW program	2 years/100 hours of supervision
UNH and Plymouth State (St. Anselm College working towards this also)	ASWB BSW Exam required
Supervision agreement on file and approved by Board of Mental Health Practice	You can sit for the exam once you've been supervised for 18 months
Supervision Agreement in on OPLC website under "Education"	You can find the request to sit for the exam on the OPLC website under "Education"
Can be someone outside the organization (off-site supervisor)	Application for the full license at the end of the two years
You will receive your LSW-C (Licensed Social Worker - Conditional) once the supervision agreement is on file	

- LSWA (Licensed Social Work Associate)**

For people who have attended a program other than a BSW (AA, BA, BS) with courses in human services (psychology, addiction, etc.)	You will receive your LSWA-C (Licensed Social Work Associate - Conditional) once the supervision agreement is on file
Supervision agreement on file	ASWB BSW Exam (ASWB might be able to offer an associate's exam, stay tuned)
Supervision Agreement in on OPLC website under "Education"	You can sit for the exam once you've been supervised for 18 months
Can be someone outside the organization (off-site supervisor)	You can find the request to sit for the exam on the OPLC website under "Education"
If Bachelors (BA/BS degree): 2 years/100 supervision hours (from an LICSW, LCMHC, LMFT)	Bachelor's degree - 4000 hours of work, no fewer than 2 years
If Associates (AA) degree: 3 years/150 supervision hours (from an LICSW, LCMHC, LMFT)	Associate's degree - 6000 hours of work, no fewer than 3 years
Sometime between when your supervision agreement is on file and when you complete the required supervision hours, you will need to complete a 30-hour training (prior to full licensure)	
What if I've been practicing for 10 years and have already have supervision but no supervision agreement on file? Submit a request to the Board for a waiver	
If you are in between your MSW and LICSW with a supervision agreement on file, you will have your LICSW-C (Conditional)	
Conditional licenses can only be renewed once	

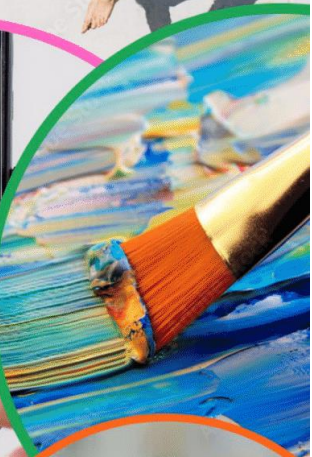
You can find the rules, application, and supervision agreement information on the NH Board of Mental Health Practice website. <https://www.oplc.nh.gov/board-mental-health-practice>

You can find the application [here](#) . On the top of the form where it says "Profession for which application is being filed" you will put "Conditional Social Work License". Some parts of this application will not apply to you and you can leave those parts blank.



**SUBMISSIONS
ARE NOW
OPEN**

Artwork Deadline
04/20/2025



SEVENTH ANNUAL



EXPRESSIVE ART CONTEST

The Magnify Voices Expressive Art Contest recognizes and celebrates the creativity of youth. Submit your artwork and help raise awareness about the vital importance of mental health for all!

- Open to NH students grades 5- 12
- 12 finalists art appears in planner and cash prize
- Celebration Date: Wednesday, May 21, 2025



LEARN MORE

Questions? Reach out to: magnifyvoices@gmail.com

AN INITIATIVE OF



Upcoming Trainings

newfutures»»

WINTER 2024-25



ADVOCACY 101 WEBINARS

Wednesday, December 18 | 12:00 - 1:00 PM

Thursday, January 16 | 4:00 - 5:00 PM

Tuesday, February 18 | 12:00 - 1:00 PM

Join us for an overview of the NH state legislature and how a bill becomes a law, and learn when and how to get involved by participating in public hearings, reaching out to legislators, and using other advocacy strategies.



ADVOCACY 101 FULL DAY TRAININGS

Wednesday, January 29 | 9:00 AM - 4:00 PM

Friday, March 7 | 9:00 AM - 4:00 PM

Join us for a full-day session in our office in Concord! Our in-person Advocacy 101 trainings provide an in-depth look into the NH state legislature and how a bill becomes a law followed by a tour of the state house! The day also includes a session on the power of a personal story and working sessions where you craft your advocacy message. Lunch is provided!



ALL ABOUT THE STATE BUDGET

Friday, February 7 | 1:30 PM - 2:30 PM

This one-hour webinar will provide an overview of the budget process in New Hampshire and when to advocate for policies that you care about.

REGISTER TO ATTEND!

New Futures trainings are offered at no cost.

Register at new-futures.org/trainings



FOSTER PARENT SUPPORT GROUP

Join us for an in person or virtual support group for foster and adoptive parents. Discuss with others who have similar circumstances, learn about community resources and build connections.



THIRD MONDAY OF EACH MONTH

IN PERSON @ POPE MEMORIAL LIBRARY,
NORTH CONWAY
10:15am-11:15am

VIRTUAL VIA ZOOM
6:00pm-7:00pm

PLEASE CALL/TEXT OR EMAIL FOR LINK!



SAMANTHA JONES
603.651.7480
SJONES@CHILDRENUNLIMITEDINC.ORG

JACKIE DIFONZO
603.960.2942
JDIFONZO@CHILDRENUNLIMITEDINC.ORG



REGISTER NOW



Alternative Peer Groups

Supporting One Another to Make Healthy Choices about Substance Use

What Are Alternative Peer Groups?

Creating Connections NH is building supportive recovery communities called Alternative Peer Groups (APGs) for youth and young adults with substance use challenges. APGs offer young people a chance to connect at least once a week with peers in an environment that is fun, safe, substance-free, and recovery-focused.

APGs Provide...

- Connection through a supportive peer environment
- Fun, substance free activities
- Sense of belonging
- Focus on health and wellness

More Than Just Meeting Up

- APG Facilitators are trained recovery support professionals
- Youth help choose fun group activities that match their interests
- Opportunities for family/ caregiver involvement

Connect with a Group Near You

Southern NH

Revive Recovery (Nashua)
reviverecovery.org | 888.317.8312

Seacoast Area

Safe Harbor Recovery Center (Portsmouth)
granitepathwaysnh.org | ph. 603.570.9444

Live Free Recovery (Dover, Somersworth)
livefreerecovery.com | ph. 603.702.2461

Franklin/ Tilton/ Concord/ Plymouth Archways of Greater Franklin and Plymouth
archwaysnh.com | ph. 603.286.4255

Carroll County

Kingswood Youth Center (Carroll Cty. South)
zachary.porter@thekyc.org | ph. 603.569.5949

Terra Equine Center (Carroll County North)
ph. 603.487.6745



**University of
New Hampshire**

✉ IOD.CBH@unh.edu

🌐 iod.unh.edu/creating-connections-nh

Creating Connections NH is a project of the UNH Institute on Disability (IOD).

The IOD promotes full access, equal opportunities, and participation for all persons by strengthening communities and advancing policy and systems change, promising practices, education, and research. *Supported by funding from the NH Department of Health and Human Services.*

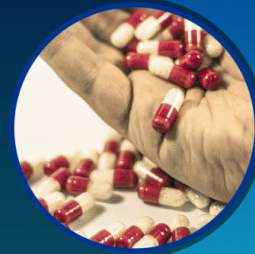
HELP CREATE A SAFER COMMUNITY

LEARN ABOUT THE OPIOID EPIDEMIC

FREE ONLINE MODULE

Opioid Use Disorder
Education
Overdose Response
Resources
for rural
New England

Free online training
on how to recognize
and respond to an
overdose



Option to receive free
naloxone (Narcan)
nasal spray by mail



Invitation to complete
an anonymous
5-minute research
survey



This research has been approved By The University of
Rhode Island Institutional Review Board



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Working together to create a regional transportation network for everyone.

<p>About Carroll County Regional Coordination Council</p> <p>The Carroll County Regional Coordination Council, or CCRCC, is a group of transportation and human service providers, municipal officials, businesses, and citizens who seek to develop diverse transportation options to serve the needs of residents of all ages and abilities in the Carroll County region.</p> <p>Service Area</p> <p>Ossipee, Effingham, Tamworth, Madison, Tuftonboro, Albany, Conway, Bartlett, Moultonborough, Freedom, Wolfeboro, Hart’s Location, Sandwich, Eaton, Chatham, Jackson, Hale’s Location</p>		
<p>The Role of the Carroll County RCC is to:</p> <ul style="list-style-type: none"> • Guide the development and coordination of community transportation services and information within the CCRCC area, • Collaborate with and support regional transportation coordinators and/or mobility managers in the delivery of community transportation services, • Advise community officials, philanthropic organizations, business leaders, and institutional leaders of the need for a coordinated approach to community transportation services, • Monitor the implementation of a regional system of coordinated transportation services that provide all citizens access to services within the region and surrounding areas, • Seek out additional public and private funding sources to support mobility management and transportation coordination efforts, • Communicate with the State Coordinating Council for Community Transportation (SCC) on existing and future policies affecting community transportation services, and • Assist in the selection and guidance of a regional Mobility Manager who will be responsible for increasing coordination of services and improving the quality of services available within the region. 	<p>Mobility Manager Scott Boisvert Mobility Manager, Region 2 (Carroll County) Phone: (603) 723-4318 Email: sboisvert@tccap.org</p> <p>FMI https://keepnhmoving.com/</p> <p>and <u>Carroll County</u> <u>Transportation Guide 2021</u></p> <p><u>Carroll County (Region 2)</u> <u>Transportation</u></p>	
<p>Members</p> <ul style="list-style-type: none"> • Carroll County Coalition for Public Health • North Country Council • MWV Economic Council • Adult Day Center • The Gibson Center for Senior Services • CCRVSP 	<ul style="list-style-type: none"> • Tri-County CAP • Carroll County Adult Education • Maine Health • Ossipee Concerned Citizens 	<ul style="list-style-type: none"> • White Horse Recovery • NH Community CareGivers • Interlakes Community CareGivers



NH MCAP

ACCESS LINE

(603) 650-4741

Provider-to-provider child psychiatry support

NH MCAP is your connection to provider-to-provider support from the Child Psychiatry team at Dartmouth Health Children's. Consults are available to primary care providers that care for children and adolescents in NH and are provided by phone, during regular business hours.

HOW IT WORKS

1

PCP needs support managing a pediatric behavioral health concern

Support needs may be patient-specific or more general and include diagnosis, medication, and other treatment options.

2

PCP or support staff call the Access Line at (603) 650-4741 to schedule a provider to provider phone consultation

Be prepared to provide patient demographic data, a direct line to the PCP (back office or cell), and scheduling availability.

3

Child & Adolescent Psychiatrist returns call at scheduled time to complete consult

Most consults are scheduled within 1-3 business days and last about 15 minutes. PCPs can bill for time spent preparing and completing the consult.

4

Consult recommendations are e-faxed to PCP

A summary of the consult is sent to include in the patient chart.



Institute for Health Policy and Practice



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(603) 650-4741

Provider-to-provider
child psychiatry support



Frequently Asked Questions

Q. What kind of questions can providers call NH MCAP Access Line about?

A. The Dartmouth Health Children's Child and Adolescent Psychiatrist that supports the Access Line can answer mental health questions about assessment, diagnosis, and treatment planning including medication management or other treatments. Examples include questions about specific medication dosing or side effects and help with differential diagnoses or appropriate levels of care.

Q. What's the best way to frame my question?

A. Prior to speaking with the Dartmouth Health Children's Child and Adolescent Psychiatrist we will collect some basic intake data. During the consultation, it is helpful to understand what you are looking for help with and what you have tried so far.

Q. What is the average wait time to speak with a Child and Adolescent Psychiatrist?

A. Most consults are available within 2 days of request, depending on the overall volume of requests.

Q. How long will a call take?

A. The average consultation takes about 15 minutes, but you will get as much consultation as you need.

Q. What if I need a response right away?

A. The NH MCAP Access Line is not a crisis service, but NH does have resources to help! NH Rapid Response Access Point (833-710-6477) is a 24-hour service that can help you and your patient determine next steps which may include phone support, dispatch of a Rapid Response Team, or referral to an Emergency Department. More information can be found here:

[Acute Crisis Care | Children's Behavioral Health Resource Center \(nh.gov\)](#)

Q. How do I bill for this?

A. Interprofessional telephone/internet Electronic Health Record Consultation code 99452 may be reported by the treating/requesting physician, NP, or PA for 16-30 minutes in a service day preparing for the referral and/or communicating with the consultant.

Q. How does NH MCAP manage patient data?

A. Patient data and recommendations made during the consultation are recorded in Dartmouth Health's secure, HIPAA protected electronic health record and e-faxed to the requesting provider following the consult. All data used by NH MCAP for program evaluation is de-identified.



This program is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$850,000 with 20% financed by nongovernmental sources. The contents are those of the authors and do not necessarily represent the official views of, nor an endorsement by, HRSA, DHHS, or the U.S. government. For more information, please visit [HRSA.gov](https://www.hrsa.gov).

WHAT IS CARROLL COUNTY'S

2021 YRBS

CARROLL COUNTY COALITION
FOR PUBLIC HEALTH

TELLING US?



Most Carroll County youth
DO NOT use alcohol or tobacco

In the past 30 days...

85%

of students **did not**
binge drink

85%

of students **did not**
use marijuana

72%

of students have **never used**
an electronic vapor product

Most Carroll County youth DO NOT take illicit drugs

97%

of students have **never** used ecstasy

90%

of students have **never** taken prescription
pain medication without a doctor's prescription



What increases students' chances of substance use?

Students who reported...

Ease of Access

...higher perceived ease of
obtaining marijuana had **up to
13 times greater likelihood**
of more frequent marijuana
use in the past 30 days.

...higher perceived ease of
obtaining prescription drugs
without a prescription had **up to
40.35 times greater likelihood**
of ever having used ecstasy.

Violent Relationships

...being forced by a dating partner to
engage in unwanted sexual activities
one or more times in the past 12
months are **22.2 times more likely**
to have vaped in the past 30 days.

...experiencing more instances of
physical harm from a parent or
other adult at home had **up to
12 times higher likelihood** of
using a prescription drug without a
prescription in the past 30 days.

Poor Mental Health

...more frequent days of poor
mental health are associated
with **up to 7.2 times higher
likelihood** of using prescription
pain medicine without a
prescription or contrary to a
doctor's instructions.

...missing more days of school
due to feeling unsafe are **up to
31 times more likely**
to have ever used ecstasy.

How do schools and communities use YRBS data?

- + School guidance counselors and principals use YRBS data during back-to-school nights.
- + School districts use YRBS data to develop appropriate educational health initiatives and establish curriculum objectives.
- + Teachers use YRBS data to teach students data interpretation and critical thinking by analyzing trends, comparing years, and evaluating intervention effectiveness.
- + Health education teachers use YRBS data to discuss current health issues facing youth and to compare current levels of healthy and unhealthy behaviors.
- + Schools and communities can use YRBS data to develop and strengthen health promotion and disease prevention programs and access funding for grants.

What is the Youth Risk Behavior Survey?

The Youth Risk Behavior Survey (YRBS) asks students about risky behaviors and those behaviors that keep them safe. YRBS data is used to enhance state and local grant applications, develop more effective youth prevention programs, and offer a consistent long-term tool for measuring progress in reducing youth health risk behaviors.



For more resources, go here



Granite United Way

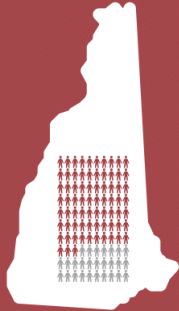
CARROLL COUNTY COALITION
FOR PUBLIC HEALTH



www.c3ph.org | Carroll County Coalition for Public Health (C3PH)
1230 Route 16 | Ossipee, New Hampshire 03864 | 603.301.1252 | info@c3ph.org

NALOXBOX Indoor Overdose Rescue Station

What were the circumstances surrounding overdose deaths in 2022, New Hampshire?



Opportunity for Change

Potential opportunities for intervention include linkage to care or life-saving actions at the time of the overdose

- 73.4% of drug overdose deaths had at least one potential opportunity for intervention
- 60.6% potential bystander present

*<https://www.cdc.gov/drugoverdose/fatal/dashboard/index.html>



Mission

To improve the capacity of bystander rescuers to save the lives of victims of opioid overdose with overdose response tools, including naloxone.

Benefits



photo credit: nalobox.org

- Increase access to publicly available overdose response tools
- Provide technical assistance for naloxone storage
- Improve the capacity of bystander rescuers
- Reduce stigma associated with substance use disorders
- Reduce morbidity and mortality from opioid overdose

COMMUNITY-BASED SOLUTION TO A NATIONWIDE EPIDEMIC

"Opioid overdose can quickly lead to death if no intervention is made. If we begin to treat opioid overdose like any other bystander enabled medical response, we will begin to reduce the stigma often associated with opioid overdose."

NaloxBox units are installed in many public-facing spaces including city and state offices, libraries, universities, public housing authorities, recovery centers, and more.

CARROLL COUNTY COALITION
FOR PUBLIC HEALTH

An Initiative of Granite United Way

CARROLL COUNTY RESPONDS
TO SUBSTANCE USE DISORDER

fmi: continuum@c3ph.org



HELP IS A CALL AWAY.
CALL 2-1-1

