

GLS Youth Suicide Prevention

Implementation Team – Be the 1 Carroll County – October 16, 2024, 12:00-1:30pm

Register in advance for this meeting:


<https://us02web.zoom.us/meeting/register/tZMscumvpzsoH9fCbMtMlsm7ce7NPMn74aDy>

NAMI-NH, Northern Human Services & Carroll County Coalition for Public Health

Garett Lee Smith Grant – NH Nexus Project 2.0

Agenda

-Introductions of team members around the table

Grant Objectives – Current Focus	Status Updates, Discussion	Follow up Action (By Who?)
	Discussion.	
Guest Presentation	<p>Guest: Linda Dinndorf Program and Education Director Friends of Aine Center for Grieving Children and Families</p>  <p>Phone: 603.669.1120 ext 6003 Email: linda@friendsofaine.com Website: www.friendsofaine.com FB: www.facebook.com/friendsofaine Address: 226 Coolidge Ave., Manchester, NH 03102</p>	
Strategic Planning – Identify needs, gaps & high-risk populations	<p>Survivors Day Nov 23 Tamworth. Planning See flyer NH MHCAP Educators Wellness ECHO See flyer.</p>	
Strategic Planning – Establish Protocols and Evidence Based Practices within/across systems	<p>Carroll County SIM October 31 & Nov 1, by invitation. Criminal Justice and Mental Health resource and referral. Any protocol planning for the school year?</p>	

<p>Strategic Planning - Engage in regional, state and national initiatives and information as it relates to the project including webinars, conferences, meetings, subcommittees, grand rounds, etc.</p>	<p>Red Ribbon Week Oct 23-31 https://www.redribbon.org/</p> <p>NH Suicide Prevention Conference https://preventsuicidenh.org/2024-conference/</p> <p>Brochure: https://preventsuicidenh.org/wp-content/uploads/2024/08/2024-SPC-Brochure-1.pdf</p>	<p>Resources - https://www.samhsa.gov/newsroom/ob-servances/suicide-prevention-month https://988lifeline.org/promote-national-suicide-prevention-month/ https://zerosuicide.edc.org/resources-parents</p> <p>Under 25 Network of Carroll County: https://www.facebook.com/U25CarrollCountyNH https://www.instagram.com/u25carrollcountyNH/</p>
<p>Education and Training - NAMI Update – Susan Ward</p>	<ul style="list-style-type: none"> - National Guard Young Adult Training - Connect Postvention Train the Trainers - Connect Youth Leader - Connect Young Adult Leader - In Our Own Voices / Survivor Voices training - Connect Online Training Slots - CALM Training – October 18, VA Save and CALM 	<p>See update from Susan Ward</p>
<p>Community Awareness</p>	<ul style="list-style-type: none"> - VA Save & CALM training - Tabling at school open houses. - Broad targeted dissemination of 988/NSPL materials to reach vulnerable 18–24-year-old population 	<p>https://www.samhsa.gov/newsroom/ob-servances/suicide-prevention-month</p> <p>https://www.samhsa.gov/find-help/988/partner-toolkit/social-media-shareables</p> <p>C3PH Folder of 988 Shareables: https://drive.google.com/drive/folders/1EF4t54wpglU5akkOGKEIRu4pWmIf6BKZ?usp=sharing</p>
<p>Tobacco and Nicotine Use Prevention</p>	<p>-</p>	
<p>Community response to suicide events.</p>	<ul style="list-style-type: none"> - List any pertinent updates or invite speakers to share info. 	

SECTOR UPDATES	Status Updates, news, announcements	Follow up Actions? – By Who?
<p>Middle/High School/Higher Ed - WMCC Updates</p>		
<p>Healthcare Updates – Memorial Hospital Community Health Need Assessment</p>		

First Responder Updates		
Social Services, Other		
Faith Community Updates		
Awareness Campaigns	<p>October</p> <ul style="list-style-type: none"> - Health Literacy Month - Substance Use Prevention Month https://www.samhsa.gov/newsroom/ob-servances/substance-use-prevention-month <p>November</p> <ul style="list-style-type: none"> - Clocks “fall back” to Eastern Standard Time 2am Nov 3, 2024. - Review presentation on YouTube: Seasonal Affective Disorder, with Donna Torney LCMHC from 2023 <p>Space to share Awareness Day/Week/Month campaigns and related resources.</p>	<p>https://www.samhsa.gov/newsroom/ob-servances/suicide-prevention-month</p> <p>https://988lifeline.org/promote-national-suicide-prevention-month/</p> <p>health literacy resources for health professionals</p> <p>National Youth Sports Week</p>
Other		

Next Steps for the Implementation Team-
C3PH Carroll County is inviting you to a scheduled Zoom meeting.

Topic: BE THE 1 CARROLL COUNTY - Youth Suicide Prevention Team

You are invited to a Zoom meeting.
When: Nov 20, 2024 12:00 PM Eastern Time (US and Canada)

Register in advance for this meeting:
<https://us02web.zoom.us/meeting/register/tZMscumvpzsoH9fCbMtMlsm7ce7NPMn74aDy>

After registering, you will receive a confirmation email containing information about joining the meeting. Jennifer Thomas
Jennifer.thomas@graniteuw.org

Catalina Kirsch
catalina.kirsch@graniteuw.org

WHO WE ARE

Mission

To help children and families grieving a death navigate their path to a hopeful future.

Values

Children are our greatest gift.

- Kindness
- Connections
- Compassion
- Courage

Strategic Goals

Support grieving children and families

Educate our schools and our community about grief

Advocate to raise awareness of grief as a public and mental health issue

of

Honor our

Organization, our

People, and our

Evolution

Our Inspiration

After suddenly and unexpectedly losing our 8-year-old daughter, Aine Phillips, we realized there were few grief resources for our younger daughter, Bella. We founded Friends of Aine in 2013 to ensure bereaved children will always feel understood and supported by both peers and trusted adults as they navigate their grief. Everyone who encounters our services is part of Aine's legacy of kindness and compassion.



—Christine and David Phillips

CONTACT US

Friends of Aine

Center for Grieving Children and Families
226 Coolidge Avenue, Manchester, NH 03102

📞 General Inquires (603) 669-1120

✉ info@friendsofaine.com

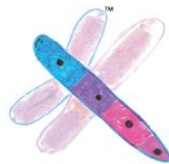
FriendsofAine.com

Connect with us

Facebook: @friendsofaine

Instagram: @friendsofainecenter

LinkedIn: [LinkedIn.com/company/friends-of-aine](https://www.linkedin.com/company/friends-of-aine)



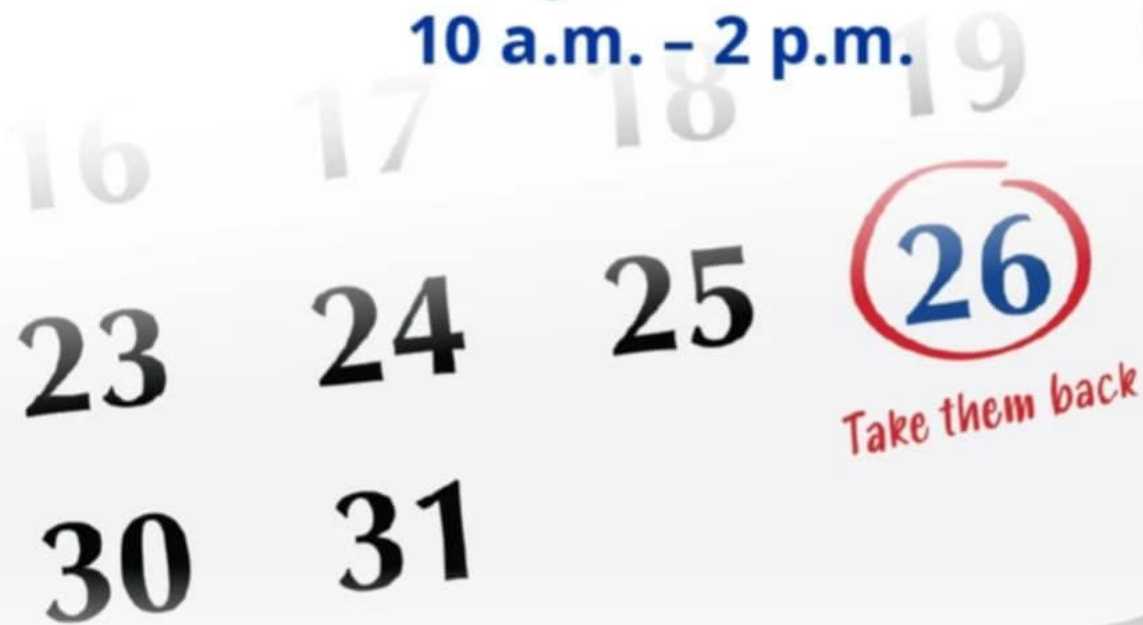
Friends of Aine is a 501(c)3 non-profit organization.



**CREATING A WORLD
WHERE NO CHILD
GRIEVES ALONE**



Save the Date
Saturday, October 26
10 a.m. – 2 p.m.



DEATakeBack.com



FREE TRAININGS

VA S.A.V.E

AND

COUNSELING ON ACCESS TO LETHAL MEANS (CALM)

.....

The Carroll County Veterans Coalition is hosting a one-day event featuring two FREE trainings. The VA S.A.V.E. training teaches participants how to help a veteran in crisis, while the Counseling on Access to Lethal Means (CALM) training is designed to improve the ability to have conversations about, reduce access to, and make safety plans regarding lethal means in a household where someone is at risk for suicide. These trainings are open to all community partners, with a focus on information related to veterans and service members.

Free lunch and
snacks provided!

REGISTER NOW



SCAN ME

Or go to: <https://tinyurl.com/2p9uv9xh>

DATE: Friday, October 18, 2024

TIME: 0900 - 1530 hours

LOCATION: King Pine Ski Area
Base Lodge Fireplace Room
Route 153
Madison, NH 03849

FMI:
jennifer.thomas@graniteuw.org



Empowering Educators

Strategies for Staff Well-Being ECHO

Learn about:

- Vicarious Trauma
- Self Regulation and Coping Mechanisms
- Time Management and Work/Life Integration
- Building Supportive Relationships
- And more!



When:

Wednesdays
 October 2nd - November 20th
 8:00am - 9:00am

Audience:

Professionals working
 in K-12 schools

[Register here](#)

Questions?
 Please contact
Cait.McAllister@unh.edu



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NH MCAP ACCESS LINE

(603) 650-4741

Provider-to-provider child psychiatry support

NH MCAP is your connection to provider-to-provider support from the Child Psychiatry team at Dartmouth Health Children's. Consults are available to primary care providers that care for children and adolescents in NH and are provided by phone, during regular business hours.

HOW IT WORKS



This program is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$850,000 with 20% financed by nongovernmental sources. The contents are those of the authors and do not necessarily represent the official views of, nor an endorsement by, HRSA, DHHS, or the U.S. government. For more information, please visit HRSA.gov.



(603) 650-4741

Provider-to-provider
child psychiatry support

Frequently Asked Questions

Q. What kind of questions can providers call NH MCAP Access Line about?

- A. The Dartmouth Health Children's Child and Adolescent Psychiatrist that supports the Access Line can answer mental health questions about assessment, diagnosis, and treatment planning including medication management or other treatments. Examples include questions about specific medication dosing or side effects and help with differential diagnoses or appropriate levels of care.

Q. What's the best way to frame my question?

- A. Prior to speaking with the Dartmouth Health Children's Child and Adolescent Psychiatrist we will collect some basic intake data. During the consultation, it is helpful to understand what you are looking for help with and what you have tried so far.

Q. What is the average wait time to speak with a Child and Adolescent Psychiatrist?

- A. Most consults are available within 2 days of request, depending on the overall volume of requests.

Q. How long will a call take?

- A. The average consultation takes about 15 minutes, but you will get as much consultation as you need.

Q. What if I need a response right away?

- A. The NH MCAP Access Line is not a crisis service, but NH does have resources to help! NH Rapid Response Access Point (833-710-6477) is a 24-hour service that can help you and your patient determine next steps which may include phone support, dispatch of a Rapid Response Team, or referral to an Emergency Department. More information can be found here:

[Acute Crisis Care](#) | [Children's Behavioral Health Resource Center \(nh.gov\)](#)

Q. How do I bill for this?

- A. Interprofessional telephone/internet Electronic Health Record Consultation code 99452 may be reported by the treating/requesting physician, NP, or PA for 16-30 minutes in a service day preparing for the referral and/or communicating with the consultant.

Q. How does NH MCAP manage patient data?

- A. Patient data and recommendations made during the consultation are recorded in Dartmouth Health's secure, HIPAA protected electronic health record and e-faxed to the requesting provider following the consult. All data used by NH MCAP for program evaluation is de-identified.





International Survivors of Suicide Loss Day

November 23, 2024

Each year, AFSP supports hundreds of large and small Survivor Day events around the world, in which suicide loss survivors come together to find connection, understanding and hope through their shared experience. While each event is unique and offers various programming, all feature an AFSP-produced documentary that offers a message of growth, resilience and connection.

Questions?

Catalina Kirsch
catalina.kirsch@graniteuw.org
Phone: 603-662-4811

**Tamworth,
New Hampshire**

**Cook Memorial Library
93 Main Street**

10am-1:30pm

To learn more or to Register, visit:
afsp.org/NewHampshire
Or scan the QR code:



afsp.org/NewHampshire

<https://tamworth-new-hampshire.isosld.afsp.org/>



American
Foundation
for Suicide
Prevention

New York City

Save the Date

21st Annual New Hampshire Suicide Prevention Conference

Where You Are:

**Building Hope and Preventing Suicide
in the Places Where We Work, Live, & Play**

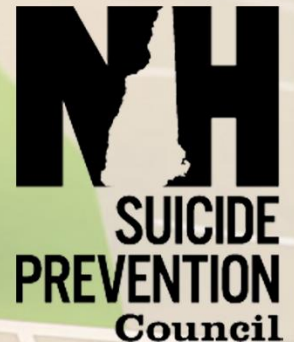
November 14, 2024

Grappone Conference Center

Concord, New Hampshire

The 2024 NH Suicide Prevention Conference is presented by the NH Suicide Prevention Council and its partners.

More information about the NH Suicide Prevention Council and the NH Suicide Prevention Conference can be found at preventsuicidenh.org.



Brochure here: <https://preventsuicidenh.org/wp-content/uploads/2024/08/2024-SPC-Brochure-1.pdf>

Conference website: <https://preventsuicidenh.org/2024-conference/>