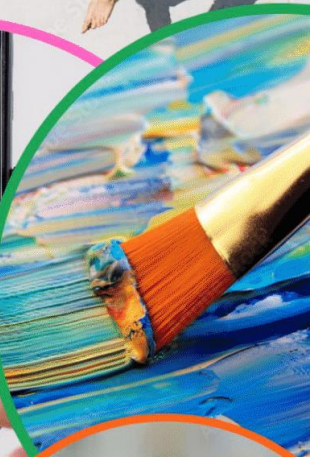


<p>Jennifer Thomas Jennifer.thomas@graniteuw.org</p> <p>Catalina Kirsch catalina.kirsch@graniteuw.org</p>		
<p>Awareness Campaigns</p> <p>February</p> <ul style="list-style-type: none"> - Black History Month - National Eating Disorder Awareness Feb 26- Mar 1 <p>March</p> <ul style="list-style-type: none"> - Self Harm Awareness Month - Disability Awareness Month - World Teen Mental Wellness Day - Transgender Day of Visibility <p>April</p> <ul style="list-style-type: none"> - National Counseling Awareness Month - Stress Awareness Month - April 16 World Semicolon Day <p>May</p> <ul style="list-style-type: none"> - Mental Health Awareness Month <p>Find more online at https://my.nami.org/NAMI/media/NAMInet/Outreach-Partnerships/Awareness-Calendar-2024-25.pdf</p> <p>https://www.samhsa.gov/newsroom/observances/suicide-prevention-month</p> <p>https://988lifeline.org/promote-national-suicide-prevention-month/</p> <p>health literacy resources for health professionals</p>		
<p>Resources attached to share:</p> <ol style="list-style-type: none"> 1. Magnify Voices Expressive Art Contest 2025 flyer 2. NH MHCAP Educators Wellness ECHO. See flyer. 2 pages 3. Alternative Peer Groups 4. Online Narcan training and distribution order 5. Anti Oppressive Practices Child Behavioral Health ECHO 6. Resources from NH Bureau of Drug and Alcohol Services (BDAS) 7. See list of resources at https://www.c3ph.org/resource-center/resource-guides 8. See list of resources at https://linktr.ee/c3phnh 		



**SUBMISSIONS
ARE NOW
OPEN**

Artwork Deadline
04/20/2025



SEVENTH ANNUAL



EXPRESSIVE ART CONTEST

The Magnify Voices Expressive Art Contest recognizes and celebrates the creativity of youth. Submit your artwork and help raise awareness about the vital importance of mental health for all!

- Open to NH students grades 5- 12
- 12 finalists art appears in planner and cash prize
- Celebration Date: Wednesday, May 21, 2025



LEARN MORE

Questions? Reach out to: magnifyvoices@gmail.com

AN INITIATIVE OF





(603) 650-4741

Provider-to-provider child psychiatry support

NH MCAP is your connection to provider-to-provider support from the Child Psychiatry team at Dartmouth Health Children's. Consults are available to primary care providers that care for children and adolescents in NH and are provided by phone, during regular business hours.

HOW IT WORKS

1

PCP needs support managing a pediatric behavioral health concern

Support needs may be patient-specific or more general and include diagnosis, medication, and other treatment options.

2

PCP or support staff call the Access Line at (603) 650-4741 to schedule a provider to provider phone consultation

Be prepared to provide patient demographic data, a direct line to the PCP (back office or cell), and scheduling availability.

3

Child & Adolescent Psychiatrist returns call at scheduled time to complete consult

Most consults are scheduled within 1-3 business days and last about 15 minutes. PCPs can bill for time spent preparing and completing the consult.

4

Consult recommendations are e-faxed to PCP

A summary of the consult is sent to include in the patient chart.



Institute for Health Policy and Practice



This program is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$850,000 with 20% financed by nongovernmental sources. The contents are those of the authors and do not necessarily represent the official views of, nor an endorsement by, HRSA, DHHS, or the U.S. government. For more information, please visit HRSA.gov.



(603) 650-4741

Provider-to-provider
child psychiatry support

Frequently Asked Questions

Q. What kind of questions can providers call NH MCAP Access Line about?

- A. The Dartmouth Health Children's Child and Adolescent Psychiatrist that supports the Access Line can answer mental health questions about assessment, diagnosis, and treatment planning including medication management or other treatments. Examples include questions about specific medication dosing or side effects and help with differential diagnoses or appropriate levels of care.

Q. What's the best way to frame my question?

- A. Prior to speaking with the Dartmouth Health Children's Child and Adolescent Psychiatrist we will collect some basic intake data. During the consultation, it is helpful to understand what you are looking for help with and what you have tried so far.

Q. What is the average wait time to speak with a Child and Adolescent Psychiatrist?

- A. Most consults are available within 2 days of request, depending on the overall volume of requests.

Q. How long will a call take?

- A. The average consultation takes about 15 minutes, but you will get as much consultation as you need.

Q. What if I need a response right away?

- A. The NH MCAP Access Line is not a crisis service, but NH does have resources to help! NH Rapid Response Access Point (833-710-6477) is a 24-hour service that can help you and your patient determine next steps which may include phone support, dispatch of a Rapid Response Team, or referral to an Emergency Department. More information can be found here:

[Acute Crisis Care](#) | [Children's Behavioral Health Resource Center \(nh.gov\)](#)

Q. How do I bill for this?

- A. Interprofessional telephone/internet Electronic Health Record Consultation code 99452 may be reported by the treating/requesting physician, NP, or PA for 16-30 minutes in a service day preparing for the referral and/or communicating with the consultant.

Q. How does NH MCAP manage patient data?

- A. Patient data and recommendations made during the consultation are recorded in Dartmouth Health's secure, HIPAA protected electronic health record and e-faxed to the requesting provider following the consult. All data used by NH MCAP for program evaluation is de-identified.





What Are Alternative Peer Groups?

Creating Connections NH is building supportive recovery communities called Alternative Peer Groups (APGs) for youth and young adults with substance use challenges. APGs offer young people a chance to connect at least once a week with peers in an environment that is fun, safe, substance-free, and recovery-focused.

APGs Provide...

- Connection through a supportive peer environment
- Fun, substance free activities
- Sense of belonging
- Focus on health and wellness

More Than Just Meeting Up

- APG Facilitators are trained recovery support professionals
- Youth help choose fun group activities that match their interests
- Opportunities for family/ caregiver involvement

Connect with a Group Near You

Southern NH

Revive Recovery (Nashua)

reviverecovery.org | 888.317.8312

Seacoast Area

Safe Harbor Recovery Center (Portsmouth)

granitepathwaysnh.org | ph. 603.570.9444

Live Free Recovery (Dover, Somersworth)

livefreerecovery.com | ph. 603.702.2461

Franklin/ Tilton/ Concord/ Plymouth

Archways of Greater Franklin and Plymouth

archwaysnh.com | ph. 603.286.4255

Carroll County

Kingswood Youth Center (Carroll Cty. South)

zachary.porter@thekyc.org | ph. 603.569.5949

Terra Equine Center (Carroll County North)

ph. 603.487.6745



**University of
New Hampshire**

✉ IOD.CBH@unh.edu

🌐 iod.unh.edu/creating-connections-nh

Creating Connections NH is a project of the UNH Institute on Disability (IOD).

The IOD promotes full access, equal opportunities, and participation for all persons by strengthening communities and advancing policy and systems change, promising practices, education, and research.

Supported by funding from the NH Department of Health and Human Services.

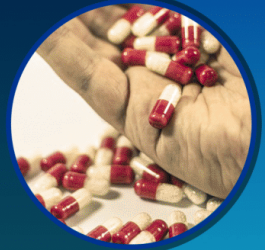
HELP CREATE A SAFER COMMUNITY

LEARN ABOUT THE OPIOID EPIDEMIC

FREE ONLINE MODULE

Opioid Use Disorder
Education
Overdose Response
Resources
for rural
New England

Free online training
on how to recognize
and respond to an
overdose



Option to receive free
naloxone (Narcan)
nasal spray by mail



Invitation to complete
an anonymous
5-minute research
survey



**University of
New Hampshire**
Extension

This research has been approved By The University of
Rhode Island Institutional Review Board



This project was supported by the Substance Abuse and Mental Health Services Administration of the National Institutes of Health under award number 1H79TI085612-01. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the NIH.

Anti-Oppressive Practices in Behavioral Health for Children, Adolescents, and Youth ECHO

Series Topics:

- Overview of power, privilege, and oppression
- Power dynamics within practice
- Beyond stereotypes: deepening understanding of personal and cultural diversity

And more!

Audience:

Social workers, occupational therapists, nurses, clinical supervisors, students, and all behavioral health professionals



Tuesdays

12:30pm - 1:30pm via Zoom

October 29th

November 12th

December 3rd

February 11th

March 11th

April 8th

[Register Here](#)

Questions?

Please contact:

Cait.mcallister@unh.edu



This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number M01HP52160, Behavioral Health Workforce Education and Training Program. This content is that of the authors and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS, or the U.S. Government

UPCOMING (source NH DHHS Bureau of Drug and Alcohol Services, 2025)

SAMHSA Grant Application Process Webinars

Tuesday, January 14, 2025 from 10:30am - 12:00pm [REGISTER](#)

Thursday, January 16, 2025 from 1:30pm - 3:00pm [REGISTER](#)

SAMHSA is offering webinars on their grant application process to help organizations better understand the steps to apply for a SAMHSA grant. This webinar will focus on the process to apply, from registration to completion of the application. Organizations that have not received SAMHSA funds may find this webinar helpful. The webinar will be repeated and offered a total of four times across the months of December and January. Please RSVP in advance for the webinar, you will receive a confirmation email once you have registered.

[Violence Prevention Programming Focused on Rural Youth](#)

Tuesday, January 14, 2025 from 12:00pm - 1:00pm

As firearms became the leading cause of death for US children and teens, disproportionately impact people of color, the impact of gun violence extends far beyond immediate deaths and injuries. Childhood exposure also contributes to mental health challenge and increases the risk of adult involvement in gun violence. During the presentation, the researchers will discuss new findings that explore handgun carrying behavior among rural youth; the association between bullying and handgun carrying; and the impact of prevention programming on adolescent handgun carrying.

[Anxiety in Kids and Teens 101](#)

Tuesday, January 14, 2025 from 12:00pm - 1:00pm

Experiencing anxiety is a natural part of growing up, and there's no question that kids and teens face many very real reasons to feel anxious. Typically, they learn to navigate those feelings. But when anxiety persists and becomes seemingly unmanageable, it can impact schoolwork, relationships, and even development. So what should parents, teachers, and other adults know about recognizing unhealthy anxiety in children and adolescents? How can they best support a young person who is struggling? And when is professional help advised? This previously recorded session provides an overview of childhood anxiety, explains what sets it apart from anxiety disorders and other mental health conditions, and offers practical strategies for helping kids and teens feel less anxious.

[The Nation's First State-Authorized Overdose Prevention Center: Legal and Public Health Updates](#)

Tuesday, January 14, 2025 from 12:00pm - 1:00pm

In this webinar, the presenters will discuss what overdose prevention centers are and how they fit into a broader continuum of care for people who use drugs. Attendees will learn about the services provided at an overdose prevention center, and how these facilities aim to positively influence the health and well-being of people who use them. Finally, the presenters will highlight the existing scientific evidence base examining the impacts that overdose prevention centers have on the communities in which they are located.

[Supporting LGBTQIA2S+ Young People and their Families Receiving Child Welfare Services](#)

Tuesday, January 14, 2025 from 1:30pm - 3:00pm

It is critical that parents and caregivers attend to the unique needs of every young person. This is particularly pivotal when considering how these needs differ in youth with intersecting identities and how

this impacts their development and experience. The Child Welfare SOGIE institute is hosting a 90-minute webinar that will present current data on services, outcomes, and experiences of child welfare involved LGBTQIA2S+ youth. The session will also offer strategies for fostering understanding, facilitating open dialogue, addressing common misconceptions, and additional resources for supporting and educating families about LGBTQIA2S+ identities.

[Integrating Family Peers into Systems and onto Support Teams](#)

Tuesday, January 14, 2025 from 3:00pm - 4:30pm

In the January session of our Office Hour series Innovative Practices to Sustain the Family Peer Workforce, we will discuss a coordinated approach on multiple levels to develop and sustain the Family Peer Workforce from messaging to specific audiences, concrete steps that agencies can take to set Family Peer Specialists up for success, and assessing how well support providers are partnering with families.

[VCBH Lecture Series: Contingency Management as a First Line Public Health Intervention: Scaling Up CM to Treat Stimulant Use Disorder](#)

Wednesday, January 15, 2025 from 12:00pm - 1:00pm

View printable flyer [here](#). VCBH Monthly Lecture Series was originally created as an in-person series designed as a way to interact and engage with top researchers in the intersectional fields we often work with at VCBH including behavior change, addiction, chronic disease, and health disparities for people who are at increased risk. Following the COVID-19 pandemic, the VCBH made remote viewing available for the lecture series.

[Building Strategic Partnerships and Maximizing TANF Flexibilities to Reduce Housing Instability](#)

Wednesday, January 15, 2025 from 1:00pm - 2:15pm

This webinar will roll out the Office of Family Assistance (OFA)'s newly released Dear Colleague Letter on Housing Instability. It will provide an overview of current and relevant research for TANF programs, offer peer perspectives from two TANF programs investing in housing stability activities, increase knowledge about approaches for addressing housing instability for families, facilitate the introduction of new partnerships, and offer options for maximizing TANF flexibilities to reduce housing instability for families and children and achieve TANF purposes.

[Cannabis and Adolescents: An Overview of the Science and Concerns from Leading Experts](#)

Wednesday, January 15, 2025 from 1:00pm - 2:30pm

Join for an engaging webinar on the complex relationship between cannabis use and adolescent development with Dr. Mark Gold, M.D., and Dr. Sarah Vinson, M.D. The presentations will explore the effects of cannabis on adolescent brain development, its potential long-term consequences, and emerging trends in use among younger populations.

[Navigating the Family: Siblings](#)

Wednesday, January 15, 2025 from 2:00pm - 3:30pm

Many siblings serve as caregivers for their brothers and sisters with mental health and other support needs later in life. This presentation will share information on common sibling dynamics and feature a panel of true experts: adult siblings reflecting back on their experiences growing up with a sibling with support

needs. Learning more about siblings and how to support them can contribute to lasting positive outcomes for entire families.

[Mindful Momentum: Breathing Through Transitions](#)

Thursday, January 16, 2025 from 1:00pm - 2:00pm

Starting a new year can bring up many feelings - excitement, renewal, anxiety, or even pressure. No matter how you feel entering 2025, finding sustainable and practical ways to care for your mental health is essential. We will explore mindfulness practices, grounding techniques, and tools like alternate nostril breathing to help you recharge, refocus, and keep moving forward through seasons of change. Take this opportunity to reset, release stress, and embrace inner stillness amidst the noise.

[CMHS Staff Presenting Service Members, Veterans and Families Monthly Workshop Series](#)

Thursday, January 16, 2025 from 1:00pm - 3:00pm

SAMHSA's Stacey Owens and Greg Crawford will present on the mental health challenges faced by individuals within the Service Members, Veterans and Families (SMVF) population who are experiencing homelessness, justice system involvement and incarceration, or poverty. They will be exploring the impact of substance abuse within these groups and the associated difficulties/challenges in their recovery after incarceration/homelessness along with sharing some of the resources SAMHSA can offer.

[Accelerating Housing and Services Partnerships to Advance Housing Stability](#)

Thursday, January 16, 2025 from 3:00pm - 4:30pm

This webinar will highlight insights, innovations, and cross-sector collaborations built throughout the 12-month Housing and Services Partnership Accelerator (HSPA). It will discuss how cross-sector collaboration can improve the coordination of housing assistance and wrap-around services and supports as a cost-effective approach to assisting people with disabilities and older adults to transition from homelessness, exit or avoid institutional settings, and live stably in the community. Webinar participants will learn about resources that will assist in the planning, development, and implementation of housing-related services and supports, best practices and lessons learned by the states that participated in the 2024 HSPA, and what partners are essential to building a dynamic system to provide coordinated services and supports in housing, health, and social care services.

[New Futures Legislative Lunch & Learn: Children's Behavioral Health](#)

Friday, January 17, 2025 from 1:30pm - 2:00pm

Join us for a weekly webinar to learn more about 2025 legislation, ways to take action, and an opportunity to have your questions answered.

[Bridging the Gap: Advancing a Diverse and Resilient Workforce for SUD Treatment](#)

Tuesday, January 21, 2025 from 1:00pm - 2:00pm

The substance use disorder (SUD) treatment landscape is facing an unprecedented workforce crisis. Recent data from Health Resources and Services Administration (HRSA) predicts the demand for addiction counselors will increase by 62%, while the supply of addiction counselors is expected to decrease by 13%. The stark reality is that current workforce capacity can only support approximately half of those seeking recovery services—a gap that demands immediate, innovative solutions. Addressing the SUD crisis requires a robust and ready workforce that is not only skilled but also reflects the diversity of the communities they

serve. This Workforce Solutions Jam will focus on actionable strategies to recruit, train, and retain a workforce capable of meeting the unique needs of individuals affected by substance use.

[Prevention In Action: Student Intervention Reintegration Program \(SIRP\)](#)

Tuesday, January 21, 2025 from 1:30pm - 2:30pm

Middle and high-school years pose a risk for youth as they make decisions around substance use. Research has shown that most adults that have a substance use disorder began using substances during their teen and young adult years making it important to intervene early and where possible prevent substance use. The Student Intervention Reintegration Program (SIRP) is for indicated populations who have demonstrated use with alcohol and/or drugs helps in the reduction of use/misuse and changes attitudes, behaviors and perception of risk and harm around substances. In this training, you will learn about the benefits of the Student Intervention Reintegration Program, its successes, and how this program can be used in collaboration with screening brief intervention and referral to treatment. Participants will learn about the evidence-based curriculum used in the SIRP program, Prime for Life. You'll leave this training with a better understanding of this innovative program and if it will be a good fit for you and your practice.

[Economic Stability Considerations for Service Members, Veterans, and their Families](#)

Tuesday, January 21, 2025 from 2:00pm - 3:30pm

Join us for an insightful and comprehensive webinar dedicated to addressing the economic stability of service members, Veterans, and their families (SMVF). According to the [Blue Star Families Annual Survey](#), nearly 30 percent of non-retired post-9/11 Veterans reported unmet needs related to employment and career development, and 20 percent reported needs regarding housing services. Additional economic challenges mentioned were topics such as food insecurity, childcare, license portability, and employment for spouses. In general, economic stability is an issue not only for those who served but also those who are currently serving. This session will explore critical areas such as employment opportunities; financial resources; SSI/SSDI, Outreach, Access, and Recovery (SOAR) for Veterans; and housing solutions, providing valuable information and resources to support maintaining or achieving economic stability among the SMVF community. An opportunity for Q&A will follow the presentations, providing you with the chance to engage directly with the subject-matter experts. Register for additional webinars at [SMVF TA Center Upcoming Events](#).

[Applying the Science of Addiction Recovery: Expect Recovery](#)

Wednesday, January 22, 2025 from 12:00pm - 1:30pm

This seminar highlights the genetic and environmental factors that combine to produce alcohol and other drug use's impact on the brain, body (mind) and behavior. Over 50 years of clinical neuroscience research shows that recovery or resilience is due to neuroplasticity, our brain's ability to adapt and heal.

[The Dry January Effect: Health, Habits and Happiness](#)

Wednesday, January 22, 2025 starting at 2:00pm

Kick off 2025 with purpose by exploring the "why" behind trying "dry." As part of our Dry January Challenge, we are convening a conversation with Dr. Suzette Glasner, a licensed clinical psychologist and an Associate Professor of Psychiatry at UCLA who focuses on making evidence-based treatments for addiction more accessible using digital health platforms and Hilary Sheinbaum, a journalist, author, and lifestyle

expert described by The New York Times as the “Dry January MVP.” Together, they will discuss the science and stories behind Dry January and answer your questions about the power of pushing pause on alcohol.

[Framing Tobacco Disparities and Health Equity \(Part-Two\)](#)

Wednesday, January 22, 2025 from 3:00pm - 4:00pm

Dr. Julie Sweetland with FrameWorks Institute will return to present on how to build effective policy narratives in any political environment for specific policies that reduce disparities in tobacco-related health burdens, including menthol restrictions, smoke-free behavioral health settings, and tobacco retail licensing. Attendees will have opportunities to learn how to shape conversations around tobacco disparities for successful outcomes, review available resources, ask questions, and participate in the discussion. This event will be the second session of a two-part series on framing tobacco disparities and health equity.

[Cultural Humility & Responsiveness in Behavioral Healthcare](#)

Thursday, January 23, 2025 from 10:00am - 12:00pm

The National Alliance on Mental Illness recognizes that current environmental factors are traumatizing people of color, which as a risk factor can also initiate or increase substance use and potentially developing trauma and stress complications. Provider bias in stigmatic language or other microaggressions affect a patient’s capacity to respond to clinical interventions and can further create a toxic work environment. Culturally-responsive organizations integrate cultural humility in practice and serve delivery, providing highest levels of patient centered care. This interactive virtual training will review practical tools and strategies that can be used to identify and diffuse personal bias and address dynamics of communication. Content will further inform on cultural humility as a practice that informs clinical processes, increases patient care and wellness for racial and ethnic populations, and help effect a supportive work environment.

[Artificial Intelligence \(AI\) and Substance Misuse Prevention: Ethical Implications \(2-Part\)](#)

Thursday, January 23, 2025 from 11:00am - 12:30pm

Thursday, January 30, 2025 from 11:00am - 12:30pm

Have you noticed that artificial intelligence (AI) is suddenly everywhere you look? From Chat GPT, to life-like images, to predictive text, there are always going to be new sides to AI; new elements, new pitfalls we didn't see, and new challenges. As preventionists, AI can make our jobs easier, increase capacity, and help us get the job done quicker so we can spend more of our working time connecting with the community. While considering plusses and pitfalls, we can use the ethical decision-making process when working with AI even as it changes quickly to be sure we are staying attuned to our values. Maybe you have been using AI in your work for years, or perhaps you are wary of the whole concept. In this two-part session, we will discuss what AI is, some practical applications, and dive into the ethical decision-making process as it relates to using it. Both sessions will be recorded. By the end of this two-part series, participants will:

- Understand some basics of AI that are assessable to the workforce
 - Compare the potential benefits and potential pitfalls of using AI in substance misuse prevention work
 - Consider the Ethical Decision-Making Process when making choices about AI use in your work
-

[New Futures Legislative Lunch & Learn: Healthy Aging](#)

Friday, January 24, 2025 from 1:30pm - 2:00pm

Join us for a weekly webinar to learn more about 2025 legislation, ways to take action, and an opportunity to have your questions answered.

[Wellness & Substance Use Prevention for Busy Students and Athletes](#)

Tuesday, January 28, 2025 from 1:00pm - 2:00pm

As students head into another busy semester, the pressures of balancing school, activities, and athletics can take a toll. From managing stress to avoiding harmful substances, our first webinar of the year offers practical tools to help students stay balanced and healthy. This webinar will cover:

- How stress and anxiety impact students physically and mentally.
- Risks of substances like caffeine, workout supplements, and opioids.
- Practical tools to help students stay balanced and substance-free.

[Equipping Professionals to Tackle Synthetic Drug Challenges in Prevention](#)

Tuesday, January 28, 2025 from 2:30pm - 3:30pm

The workshop provides prevention professionals with a thorough overview of synthetic drugs, also known as "new psychoactive substance" (NPS), examining their unique risks and the evolving challenges they present. Participants will learn about current trends affecting behavioral health related to NPS, including emerging use patterns. The session will also discuss effective prevention strategies--covering a range of practices, and policies. By the end participants will have increased awareness of trends and be able to address the risk factors in their communities.

Zoom link: <https://oklahoma.zoom.us/j/93500999950?pwd=abFYkVTUTsbJiXz5bnEauVfCmQjIQG.1>

Meeting ID: 935 0099 9950 / Passcode: prevention

[Integrating Care: The Role of MOUD in Addressing Opioid Use Disorder and Infectious Disease](#)

Wednesday, January 29, 2025 from 1:00pm - 2:00pm

Due to the opioid epidemic, over 2.5 million adults in the U.S. have opioid use disorder (OUD), yet only 25% of those who need treatment receive recommended medication for opioid use disorder (MOUD). Alongside the rising rates of OUD, there has been an increase in infectious diseases such as HIV, hepatitis B and C, endocarditis and skin and soft-tissue infections, particularly among people who inject drugs. These intertwining epidemics have not been sufficiently addressed, but MOUD — combined with appropriate substance use treatment supports and health care services — represents an opportunity to reduce risk and improve health outcomes. This webinar will discuss these public health crises and the role that integrated opioid use disorder (OUD) and infectious disease care can play in reducing risk and improving health outcomes. Attendees will learn from expert medical professionals about the latest evidence-based practices for OUD and infectious disease care.

[Healing Over Handcuffs: Advancing Deflection Strategies](#)

Wednesday, January 29, 2025 from 2:00pm - 3:00pm

What role does deflection play in substance use disorder (SUD) treatment? How are innovative deflection programs transforming the justice system? Find out during a new Wellbeing Wednesdays episode with Jac Charlier, MPA, Executive Director of TASC's (Treatment Alternatives for Safer Communities) Center for Health and Justice and CEO of PTACC (Police, Treatment and Community Collaborative). Joined by National Council Vice President, Substance Use Continuum, Philip Rutherford, Charlier will share his experiences and provide insight into:

- The crucial role of deflection programs in reducing incarceration.

- The scope of SUD among justice-involved individuals and the barriers to treatment.
- The global impact of deflection on recidivism and recovery.
- The ongoing battle against stigma in SUD treatment.

[Treating People who Use Meth or other Stimulants: Leveraging Contingency Management in Criminal Justice Settings](#)

Wednesday, January 29, 2025 from 2:00pm - 3:30pm

Contingency management (CM) is an evidence-based behavioral intervention proven effective in treating individuals with stimulant use disorders. This method leverages positive reinforcement to encourage specific target behaviors that reflect progress in treatment, such as attending sessions or maintaining abstinence. The webinar will address the scientific foundation of CM, common challenges associated with its implementation in criminal justice settings, and strategies for overcoming these barriers. Sustainable solutions for integrating CM into drug court and reentry programs, emphasizing its long-term benefits for individuals in recovery and the community, will also be discussed.

[New Futures Legislative Lunch & Learn: Public Health & Access to Health Care](#)

Friday, January 31, 2025 from 1:30pm - 2:00pm

Join us for a weekly webinar to learn more about 2025 legislation, ways to take action, and an opportunity to have your questions answered.

[988 vs. 911: What to Know, What to Do](#)

Thursday, February 6, 2025 from 1:30pm - 2:30pm (*registration opens Jan. 16th*)

Join Family Connections for Part 2 of a 3-part series on "Crisis: Before, During, and After". If you're concerned about supporting another person experiencing mental health and/or substance use challenges or about your own wellbeing, it's important to feel confident about getting the right support when you need it. We'll focus on the differences between 988 and 911, dispel myths about 988, and discuss your questions about responding to crisis.

[New Futures - All About the State Budget](#)

Friday, February 7, 2025 from 1:30pm - 2:30pm

This one-hour budget-focused webinar will help advocates understand the ins and outs of New Hampshire's budget process, including the best times and ways to influence policy discussions.

[Becoming a Mental Health First Aid \(MHFA\) Instructor](#)

Friday, February 21, 2025 from 2:00pm - 3:00pm

Learn more about becoming a Mental Health First Aid (MHFA) Instructor, and empower your community to tackle mental health and substance use challenges head-on with an evidence-based, nationally recognized program.

During the webinar we'll discuss:

- What to expect from a MHFA class.
- The role of a MHFA Instructor.
- An overview of our Instructor certification process.

[Trauma-Informed Drug Testing in Child Welfare: START's Approach](#)

Wednesday, February 26, 2025 from 12:00pm - 1:30pm

An all-new “virtual workshop” designed for shared learning and practice improvement, participants in the workshop will:

- Understand trauma-informed care principles
- Become familiar with START’s new drug testing standards for parents in child welfare that are grounded in trauma-informed care principles
- Become trauma-informed in approaching parents who have substance use challenges

Who Should Attend: Child welfare and treatment providers who want to improve trauma-informed practices in child welfare and those who may want to implement START, and all START affiliates.

RECORDINGS

[Impact of Firearm Violence on Youth](#)

During this webinar, researchers from University of California, Davis and Northwestern University discussed new findings that explore the nature and dynamics of childhood exposure to gun violence in US cities; the impact of firearm exposure on youth mental health and on future adult experiences of gun violence; and the impact of “collective efficacy” on firearm violence exposure for youth.

[12th Annual Vermont Center on Behavior and Health \(VCBH\) Conference - Tobacco Use: Intersections with Other Addictions, Chronic Disease, and Health Disparities](#)

Our theme for this year’s conference is Tobacco Use: Intersections with Other Addictions, Chronic Disease, and Health Disparities. Cigarette smoking alone, directly contributes to risk for a myriad of chronic diseases causing almost 500,000 premature deaths in the U.S. annually. Smoking and other tobacco use disproportionately impacts certain subpopulations including those with other addictions, contributing to health disparities.

Many of the presentations over the next two days will also examine sex and gender differences as tobacco use among women often carries the additional risk of multigenerational adverse health effects and disproportionately impacts certain subgroups of women including those residing in rural regions, those who have other addictions or are socioeconomically disadvantaged, and those who have multiple risk factors (i.e., cumulative vulnerability). Advancing scientific understanding of these important topics provides the opportunity to continue reducing the terrible burden that tobacco use has on U.S. and global population health. Access pdf version of the conference brochure [here](#).

[Data Driven Partnerships: Understanding the Military's Role in Substance Use Prevention Partnerships, A 2-Part Series](#)

Part 1 of this series delves into the multifaceted impact of military installations on community health and prevention efforts by studying the use of both quantitative and qualitative data for decision making. Part 2 of this series explores the role military prevention professionals play in fostering healthier communities and how to effectively partner with them to mutually improve outcomes through data sharing.

[Data Driven Partnerships: Part 1](#) (recording) [View Resources](#)

This training session focuses on the multifaceted impact of military installations on community health and prevention efforts by studying the use of both quantitative and qualitative data for decision making.

[Data Driven Partnerships: Part 2](#) (recording) [View Resources](#)

The session will highlight the data sources these professionals utilize in their work and provide strategies for engaging them in community prevention work.

[Digging into the Bio-Psycho-Social: Addressing the Holistic, Multifaceted Needs of Individuals in Treatment and Recovery](#)

Our understanding of the brain has exponentially expanded over the past few decades. This extraordinary growth in knowledge has led to research illuminating specific brain areas involved in addiction with the hope that novel medications and targeted neurologic interventions can treat substance use disorders. Expansion of life-saving medications to treat Opioid Use Disorder has been a necessary public health priority. As important as these efforts have been, people are more than their brains and addiction is a multifaceted disorder. The biopsychosocial model is a framework that considers the important biological, psychological, and social factors that contribute to addiction. This talk will review the biopsychosocial model and address the critical domains necessary for comprehensive recovery.

[Professionals and Community Members as Recovery Allies](#)

Family members, friends, neighbors, professionals, and other community members play a critical role as allies in supporting recovery. Research shows that creating a meaningful life in recovery requires access to healthcare, safe and affordable housing, educational opportunities that may have been missed during periods of drug use, and employment that allows people in recovery to support themselves and their families and contribute to society. Recovery capital refers to the resources, both internal and external, that an individual can draw upon in order to overcome substance use and maintain recovery. The session will begin with a presentation on the recovery ecosystem and recovery capital and will then identify real world examples of ways allies in communities have supported recovery by changing the community environment and creating opportunities to boost recovery capital.

[Understanding Trauma and Trauma-Related Disorders](#)

When it comes to recognizing and addressing trauma and trauma-related disorders, it's important to separate fact from fiction. Post-traumatic stress disorder (PTSD), for example, is often associated exclusively with the horrors of war, but it's a myth that only veterans of combat develop the condition. In reality, PTSD can impact anyone who has witnessed or experienced traumatic, life-threatening, or life-changing events. Misconceptions also surround dissociative identity disorder (DID), once known as multiple personality disorder. While misleading media portrayals might suggest that most people with DID jump between personas and personalities, in reality, only a very small portion of those with the disorder exhibit this behavior. So how can we learn to recognize the symptoms of psychological trauma? What are the best options for effective treatment? And how can we best understand if we have experienced a traumatic event?

[SAMHSA's National Training and Technical Assistance Center for Early Serious Mental Illness \(ESMI TTA Center\) Clinical High Risk for Psychosis Overview Webinar Recording](#)

This webinar provides an overview of clinical high risk (CHR-P) for psychosis and CHR-P programs. Dr. Jason Schiffman, Director of the PREVENT Lab at the University of California, Irvine provides an overview of CHR-P and moderates a panel composed of SAMHSA clinical high risk for psychosis grantees to discuss their experiences and challenges with program implementation as well as practical solutions and resources to advance clinical high risk for psychosis programming.

[SAMHSA's Center for Financing Reform & Innovation \(CFRI\) Financing Measurement-Based Care in Community Behavioral Health Settings](#)

Measurement based care (MBC) for behavioral health care is a clinical process that uses standardized measurements to track a client's progress over time that inform shared patient-provider treatment planning and decision-making. One significant challenge to the broader adoption of MBC is financing. This report uses analyses based on discussions with payers, policy makers, financing experts, and providers and an environmental scan to explore MBC reimbursement options and to identify challenges and potential solutions for increasing use of MBC across diverse community behavioral health care settings. View the [recorded webinar](#), [presentation slides](#), and [report](#).

RESOURCES

NCSMH & NCTSN Resources for National Events

The National Child Traumatic Stress Network (NCTSN) and National Center for School Mental Health (NCSMH) have compiled a list of resources to help victims, families, and communities cope with grief and other emotions related to recent national events. Along with the resources below, we hope you take time to prioritize care for yourself and your loved ones, and that you can continue to effectively support your students, staff, and communities:

- [Supporting Students, Staff, Families, and Communities Impacted by Violence](#) by NCSMH
- [Helping Students Cope with the Preparation and Aftermath of Natural Disasters](#) by NCSMH
- [Resources in Response to the New Year's Truck-Ramming Attack in New Orleans](#) from NCTSN
- [Resources in Response to the California Wildfires](#) from NCTSN
- [Wildfire Resources](#) from NCTSN

Additional Resources:

- [CA Wildfires and Indigenous Sources of Knowledge](#) by Learning for Justice
- [Understanding the Impacts of Natural Disasters on Children](#) from the Society for Research in Child Development
- [Behavioral Health Conditions in Children and Youth Exposed to Natural Disasters](#) by the Substance Abuse and Mental Health Services Administration (SAMHSA)

[Best Practice Guide to Telehealth for Emergency Preparedness](#)

Telehealth is important for providing medical care during an emergency, such as a pandemic or natural disaster. Providers can use telehealth to perform quick assessments, triage patients, and deliver patient care. Integrating telehealth into emergency preparedness plans is essential. This best practice guide provides detailed information and resources on using telehealth for emergency preparedness. Use this best practice guide to learn how to integrate telehealth into emergency preparedness plans.

Resources for National Human Trafficking Prevention Month

Federal laws, such as the Preventing Sex Trafficking and Strengthening Families Act, the Justice for Victims of Trafficking Act, and the Trafficking Victims Prevention and Protection Reauthorization Act, help lay the groundwork for how child welfare and other agencies should respond and collaborate to establish prevention programs. During National Human Trafficking Prevention Month, use these resources from [Child Welfare Information Gateway](#) to learn more about the risk factors and signs of trafficking and sexual exploitation and best practices in identifying, responding, and supporting children who are or are at risk of experiencing trafficking or sexual exploitation as well as their families.

Publications:

- [Human Trafficking and Child Welfare: A Guide for Caseworkers](#)
- [Human Trafficking and Child Welfare: A Guide for Caseworkers \[Spanish\] \(new!\)](#)
- [Human Trafficking and Child Welfare: A Guide for Child Welfare Agencies](#)
- [Definitions of Human Trafficking](#)
- [Human Trafficking: Working With Faith-Based Groups](#)

Resources:

- [Trafficking and Sexual Exploitation](#)
- [Reducing the Use of Congregate Care](#)
- [Trauma-Informed Practice](#)
- [Safety and Risk](#)
- [Prevention](#)

Partner Resources:

- [Sex Trafficking Prevention \(Capacity Building Center for Tribes\)](#) - Explore different ways to respond and better understand sex trafficking with these tools, examples, and information for agencies.
- [Interactive Tools to Support Child Welfare Workers in Their Response to Human Trafficking \(The Administration for Children and Families\)](#) - Access two new microlearnings developed for frontline professionals who work with children to strengthen screening for human trafficking and safety planning. These 30-minute modules are designed for quick, digestible, and interactive training.
- [New Opportunities: A National Strategy to Prevent Homelessness \(Chapin Hall\)](#) - Learn about the long-term drivers of youth homelessness, the conditions that trigger it, missed opportunities, and recommendations for changes in policy, research, and practice with a national strategy informed by Chapin Hall's Voices of Youth Count study to prevent homelessness.

[Mental Health America's Breaking the Algorithm: Redesigning social media for youth well-being](#)

Mental Health America's latest report, [Breaking the Algorithm: Redesigning social media for youth well-being](#), dives deep into how social media is impacting young people's mental health, relationships, and daily lives. This report brings together insights from over 900 survey respondents, focus groups with young people, and conversations with our youth co-researchers to explore:

- The dual nature of social media as both a connector and a source of harm.
- How algorithms shape youth experiences, often without their full understanding or consent.
- Why it's critical to empower young people with tools, education, and a voice in the systems that shape digital worlds.

[Center for Addiction Recovery Support \(CARS\) - National Peer-Run Training and Technical Assistance](#)

In collaboration with [SAMHSA's Office of Recovery](#), the CARS program aims to expand access to culturally responsive training and technical assistance for addiction recovery support services nationwide. CARS is led by [One World Recovery Network \(OWRN\)](#), a Peer-Led Recovery Community Organization. CARS expands upon the previous work done by the Peer Recovery Center of Excellence (PRCOE); and is committed to expanding recovery support resources for all communities. Visit the new website to access Technical Assistance, Resource Directories, and Helpful Tools! The Center for Addiction Recovery Support (CARS) provides essential training and technical assistance (TTA) to help organizations better support individuals facing substance use and co-occurring mental health challenges.

[SAMHSA Integrating Behavioral Health Services Within Specialty Practices Serving Adults and Pediatric Populations](#)

SAMHSA has issued two new papers on integration of behavioral health care in specialty care settings such as oncology and gastroenterology clinics. One paper focuses on care for adults and the other pediatric populations. The two papers discuss examples of integrated care models, key components of integrated care models and examples. The goal of these papers is to help ensure patients in these specialty care settings have access to behavioral health care. This content is undergoing Section 508 remediation. If you need assistance to access this file, please contact 508@samhsa.hhs.gov.

[Integrating Behavioral Health Services Within Specialty Practices Serving Adults](#)

[Integrating Behavioral Health Services Within Specialty Practices Serving Pediatric Populations](#)

[SAMHSA Clinical Advisory: Considerations for Genetic Testing in the Assessment of Substance Use Disorder Risk](#)

SAMHSA has released this Clinical Advisory, providing critical insights for the equitable and person-centered implementation of this emerging intervention. This Advisory examines the role of genetic testing in assessing SUD vulnerability and outlines the current limitations of these technologies.

[SAMHSA Releases Documents Supporting SUPTRS Block Grant Awardees](#)

SAMHSA published five documents to promote the integration and advancement of promising practices in SUD treatment. These documents provide guidance to states and providers as they bolster their behavioral health infrastructure. Today's publications include:

- [Advancing Equity in SUD Treatment Behavioral Health Resource](#)
- [Improving Data Collection & Reporting Resource Document Learning Collaborative Resource Document](#)
- [Medications for Opioid Use Disorder: An Effective Treatment for Justice-Involved Persons Reentering the Community Brief Reference Document](#)
- [Mobile Medication Units and Health Clinics Issue Brief](#)
- [Innovative and Holistic Programs that Offer Medications for Opioid Use Disorder to Pregnant and Parenting Women Issue Brief](#)

[SAMHSA Releases Recovery Fact Sheets](#)

SAMHSA has released two recovery fact sheets designed to empower individuals navigating mental health and substance use services and expand the adoption of recovery-oriented services and supports in state, local and community behavioral health settings. [Housing Supports Recovery and Well-Being: Definitions and](#)

[Shared Values](#) summarizes the role that housing plays in supporting recovery for recovery and housing leaders. [Countering Discrimination and Improving Recovery Supports Across Court, Corrections, and Reentry Settings](#) highlights and addresses public misconceptions and misperceptions linking mental health and substance use conditions with crime rather than recognizing systemic barriers to accessing needed care.

[SAMHSA DAWN National Estimates from Drug-Related Emergency Department Visits, 2023](#)

The Drug Abuse Warning Network (DAWN) National Estimates from Drug-Related Emergency Department Visits, 2023 report provides weighted national estimates. The frequency of substance-related visits increased by 5.8 percent compared to estimates in 2022. Rates of all substance-related ED visits from participating hospitals were highest among individuals with the following characteristics: males (2,668 per 100,000), individuals who were not Hispanic or Latino (2,391 per 100,000), and Black individuals, after accounting for the underlying population (4,053 per 100,000 versus 1,736 per 100,000 in the next highest subpopulation). The top substances reported were alcohol, cannabis, opioids, methamphetamines, cocaine, and benzodiazepines.

[SAMHSA Substance Use Disorder Treatment Month Toolkit](#)

SAMHSA has released a toolkit for the first Substance Use Disorder Treatment Month, to be observed January 2025. Treatment Month raises awareness of the benefits and availability of evidence-based treatments for people with a substance use disorder; addresses barriers to treatment, including stigma; and normalizes seeking help. The toolkit includes information about weekly themes, social media graphics and messaging, a webinar background, and resources that public health organizations, treatment providers, professional associations, and others can use to spread awareness of Treatment Month. Visit [SAMHSA.gov/SUDTM](https://www.samhsa.gov/SUDTM) to check out our toolkit and resources, and watch the Substance Use Disorder Treatment Month 2025 video [here](#).

[Biden-Harris Administration Awards 14 States and Washington, D.C. with CCBHC Medicaid Demonstration Planning Grants for Expanding Access to Mental Health and Substance Use Disorder Services](#)

[The Ripple Effect: How Your Dry January Impacts Family, Friends, and Community](#)

[January is the Perfect Time to Pursue Treatment for a Substance Use Disorder](#)

[As He Concludes His Second Tenure, 21st U.S. Surgeon General Issues Parting Prescription for America](#)

[U.S. Surgeon General Issues New Advisory on Link Between Alcohol and Cancer Risk](#)

[FDA recommends changes to labeling for transmucosal buprenorphine products indicated to treat opioid use disorder](#)

[FDA weighs novel pain drug amid opioid crisis](#)

[Reported use of most drugs among adolescents remained low in 2024](#)

[U.S. retail sales data show 86% of e-cigarette sales are for illegal products](#)

[Brain structure differences are associated with early use of substances among adolescents](#)

[Top Findings on Addiction in 2024 from Psychology Today](#)

[The Public Policies That Really Help Prevent Suicide](#)

[Suicide rate among veterans held steady in 2022 with guns accounting for most deaths, VA's latest report concludes](#)

[Veteran suicides often follow complaints of chronic pain, insomnia and physical problems, report finds](#)

[Primary Care Can Play Key Role in Suicide Prevention](#)

[CFPB finalizes rule barring medical debt from credit reports](#)

[In New Year, Medicaid to Cover Addiction and Healthcare Services Youth Transitioning Out of Prison and Jail](#)

[9 States Poised To End Coverage for Millions if Trump Cuts Medicaid Funding](#)

[Commitment to an Ethnic/Racial Identity Can Be a Stress Buffer Against Discrimination](#)

[Homelessness Prevention Series: Spotlight on Older Adults](#)

[The Number of Homeless People in the U.S. Has Increased](#)

[US HUD Federal Government Announces Significant Efforts to Reduce Homelessness](#)

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