

REFERRAL RESOURCE GUIDE 2024

Carroll County, NH

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation

Dial 911

NH Rapid Response Access Point

Call or Text 1-833-710-6477
Or dial 988 (suicide and crisis hotline)

Emergency Services

Northern Human Services -Wolfeboro
Office: Monday – Friday 8:30-4:30 call
603-569-1884 after hours call Huggins
Hospital at 603-569-7500 ask for the
Emergency Services Clinician.

Northern Human Services – Conway
Office: Monday – Friday 8:30-4:30 call
603-447-2111 after hours call Memorial
Hospital at 603-356-5461 ask for the
Emergency Services Clinician.

National Runaway Safeline

1-800-621-4000



Get Connected. Get Help.™
An Initiative of Granite United Way

Free and confidential information and
referral, available 24/7, for help with food,
housing, employment, health care,
counseling and more - Dial 2-1-1

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

National Sexual Assault Hotline

1-800-656-HOPE (4673)

National Domestic Violence Hotline

1-800-799-SAFE (7233)
1-800-787-3224 (hearing impaired line)

RAINN (Rape, Abuse & Incest National Network)

www.rainn.org

NH Statewide Sexual Assault Hotline:

1-800-277-5570

NH Statewide Domestic Violence Hotline:

1-866-644-3574

General Web Site: www.nhcadsv.org

Starting Point: Services for Victims of Domestic & Sexual Violence

1-800-336-3795 (Crisis Line)
603-447-2494 (Conway office)
603-542-8014 (Southern Carroll County)
www.startingpointnh.org

NH Division for Children, Youth, and Families

(If you have concerns on behalf of a child in regard to possible abuse or neglect, please call Central Intake at the number below, you may remain anonymous if you wish.)

Central Intake Office

29 Hazen Drive Concord, NH 03301
603-271-6563

Conway District Office

73 Hobbs Street Conway, NH 03818-6188
603-447-3841 800-552-4628

National Human Trafficking Resource Center

1-888-373-7888



TREATMENT RESOURCES

Substance Use Disorder Treatment:

Call 2-1-1 or

www.thedoorway.nh.gov

Emergency, call 911.



Northern Human Services

Conway Office 603-447-2111

Wolfeboro Office 603-569-1884

White Horse Recovery & Behavioral Health

North Conway Office 603-651-1441 x1

Center Ossipee Office 603-651-1441 x3

Littleton Office 603-444-1300

MWV Supports Recovery Coalition

Center Conway Office 603-662-0668

NH Harm Reduction Coalition

www.nhhrc.org

Mental Health Treatment & Support:

Northern Human Services Conway Office 603-447-2111 Wolfeboro Office 603-569-1884

NAMI NH: NAMI NH is a grassroots organization of and for people of all ages, their families and friends who are affected by mental illness. 85 North State Street Concord, NH 03301
603-225-5359 800-242-6264 info@naminh.org www.naminh.org

SELF-HELP RESOURCES, GROUPS, HARM REDUCTION, NALOXONE

Find a time and location of a meeting. Call 2-1-1 or see below.

White Horse Recovery & Behavioral Health North Conway Office 603-651-1441 x1 Center Ossipee Office 603-651-1441 x3 Littleton Office 603-444-1300 Berlin Office 603-215-6360	MWV Supports Recovery Coalition Center Conway Office 603-662-0668 C3PH Continuum of Care continuum@c3ph.org NH Harm Reduction Coalition info@nhhrc.org www.nhhrc.org
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Alcoholics Anonymous

www.aa.org/pages/en_US/find-aa-resources

Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline)
www.na.org/meetingsearch

Al-Anon/Alateen Info Service

www.al-anon.alateen.org/local-meetings

Nar-Anon Family Groups

www.nar-anon.org/find-a-group

Family Connections Resource Center

Children Unlimited, Inc.
PO Box 986 182 Main St
Conway NH 03818
603-447-6356

Family Supports for Recovery

603-841-2350
www.sosrco.org/what-we-do/family-recovery-program

NH Disaster Behavioral Health Response Team (DBHRT)

Organized team of behavioral health providers to respond to the mental health needs of NH residents (individuals, family members, survivors, or community members) affected by critical incidents or disasters. <https://dhhs.nh.gov/esu/dbhrt/nh.htm>

Contact the Disaster Behavioral Health Coordinator at **(603) 271-9454** or **(603) 419-0074**.



RESOURCES FOR SPECIAL POPULATIONS

Older Adults

ServiceLink Aging and Disability Resource Center
Your link to information and support services within your community. The toll-free number for the ServiceLink Resource Center Network is 1-866-634-9412.

Veterans Support Resources

Veterans Crisis Line	NH Care Path -Veterans/Military
Dial 9-8-8, then press 1. Text 838255 or chat at www.veteranscrisisline.net	ServiceLink resources and referrals for Military and Veteran Families 1-866-634-9412 www.nhcarepath.dhhs.nh.gov/veterans-military

BIPOC/AAPI Mental Health Resources

(Black, Indigenous, People of Color / Asian American, Pacific Islander)

NAMI NH – BIPOC/AAPI Health
1-8010-242-6264 www.naminh.org/resources-2/bipoc/

Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center	Trevor Project Crisis Line – LGBTQ Youth
1-888-843-4564 www.glnh.org	1-866-4-U-TREVOR (488-7386) www.theTrevorProject.org
GLBT National Youth Talkline	LGBTQIA+ Resource Page NAMI NH
1-800-246-PRIDE (1-800-246-7743) www.glnh.org/talkline	1-800-242-6264 https://www.naminh.org/lgbtqia/
Connor’s Climb	PFLAG NH family, friends, allies
1-800-246-PRIDE (1-800-246-7743) www.glnh.org/talkline	pflagnhinfo@pflagnh.org pflagnh.org

OTHER RESOURCES

Carroll County Coalition for Public Health www.c3ph.org
<http://www.c3ph.org/resource-center/resource-guides>

Public Health Advisory Council (PHAC) 603-301-1252 Ext 307 caleb.gilbert@graniteuw.org	Substance Misuse Prevention Coordinator 603-301-1252 Ext 305 jennifer.thomas@graniteuw.org
Emergency Preparedness Coordinator, School Based Flu Clinics 603-301-1252 Ext 304 lindsay.richardson@graniteuw.org	Substance Use Disorder Continuum of Care Facilitator 603-301-1252 Ext 303 catalina.kirsch@graniteuw.org
Community Health Worker 603-301-1252 Ext 301 chwreferrals@graniteuw.org	Carroll County Citizen Corps (volunteer) 603-301-1252 Ext 302 volunteer@c3ph.org

Tri County Community Action Program 603-752-7001 <http://www.tccap.org/>
Health, Dental, Homeless, Meals, Transport, Senior Services, Utilities & Rental Assistance.
TriCounty CAP is a multi-program agency with many projects and service locations. If you are unable to find information you need about TCCAP or any of its programs on this website please call our Central Office in Berlin at 603-752-7001, or call one of our community contact centers located throughout northern New Hampshire.





Apply now for Cash, Medical, SNAP (Food Assistance), Child Care, Medicare Beneficiary and Long Term Care Assistance. <https://nheasy.nh.gov/>

TRANSPORTATION

Carroll, Coos, and Northern Grafton County Transportation Services Directory 2021

Click here: http://www.nccouncil.org/wp-content/uploads/2021/08/Service_Directory_Final_V1.pdf

For Medicaid Enrollees: Contact your care management organization to find out what programs you qualify for.

New Hampshire Healthy Families

www.Nhhealthyfamilies.com Member Services: 1 (866) 769-3085

Well Sense Health Plan www.WellSense.org Member Services: 1 (877) 957-1300

ServiceLink Aging and Disability Resource Center

ServiceLink Resource Centers are trusted places in your community to ask questions about services and supports and connect with the resources you are interested in.

Call the toll-free number: 1 (866) 634-9412

Visit the ServiceLink website www.servicelink.nh.gov

Visit ServiceLink's [searchable database for information specific on transportation](#)

COMMUNITY COALITIONS

Coalition	Website or Contact
Be the 1 Carroll County – Youth Suicide Prevention Team	https://www.c3ph.org/initiatives/youth-suicide-prevention
Carroll County Coalition for Public Health	http://www.c3ph.org/
Carroll County Early Childhood Coalitions	https://www.c3ph.org/initiatives/healthy-and-thriving-early-childhood-experiences
Carroll County Food Access Network	https://extension.unh.edu/resource/carroll-county-food-access-network
Carroll County Regional Coordinating Council (transportation)	www.nccouncil.org/about/committees/ccrcc/
Carroll County Responds to Substance Use Disorder	https://www.c3ph.org/initiatives/continuum-of-care-for-substance-use-disorders
Carroll County Veterans Coalition	www.carrollcountyveteranscoalition.org/
Eastern Lakes Housing Coalition	https://elrhc.org/
Mount Washington Valley Age Friendly Community	https://www.mwvagefriendly.org/
Mount Washington Valley Supports Recovery Coalition	https://www.mwvsupportsrecovery.org/
Mount Washington Valley Housing Coalition	https://www.mwvhc.org/
Northern Carroll County Providers Network, Conway	https://conwaynh.org/general-assistance/
Ossipee United Roundtable	https://www.facebook.com/groups/979679432228955/

