

## GLS Youth Suicide Prevention

Implementation Team – Be the 1 Carroll County – February 19, 2024, 12:00-1:00pm

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZMscumvpzsoH9fCbMtMlsm7ce7NPMn74aDy>

Beyond the GLS Grant – Youth Suicide Prevention in Carroll County NH

## Minutes

-Introductions of team members around the table:

Mckenzie Webb	Care Liaison, Northern Human Services, <a href="mailto:mwebb@northernhs.org">mwebb@northernhs.org</a>
Crystal Sawyer	Executive Director of Carroll County Adult Education <a href="mailto:csawyer@nhadulthood.org">csawyer@nhadulthood.org</a>
Amanda Goddu	Outpatient LICSW, Huggins Hospital <a href="mailto:agoddu@hugginshospital.org">agoddu@hugginshospital.org</a>
Heather Clogston	Prevention Coordinator, NH Department of Education, <a href="mailto:heather.m.clogston@doe.nh.gov">heather.m.clogston@doe.nh.gov</a>
Sarah Cain	Community Engagement Coordinator, New Futures, <a href="mailto:scain@new-futures.org">scain@new-futures.org</a>
Catalina Kirsch	Continuum of Care Coordinator, C3PH, <a href="mailto:catalina.kirsch@graniteuw.org">catalina.kirsch@graniteuw.org</a>
Emily McArdle	Young Adult Outreach, C3PH, <a href="mailto:u25carrollcounty@outlook.com">u25carrollcounty@outlook.com</a>

Our Garrett Lee Smith Grant with NAMI NH, known also as the NH Nexus Project 2.0, 2020-2025, has ended. This group will determine next steps for continued work on youth suicide prevention in Carroll County NH.

Today's meeting we aim to give a broad overview of where we would like to go from here.

### Grant Objectives

Topic	Discussion	Action steps, by whom, by when?
New home for this group?	<p>Shall this group become a subcommittee of another existing initiative?</p> <ul style="list-style-type: none"><li>- CC Responds to SUD<ul style="list-style-type: none"><li>o CC Youth SMP</li></ul></li><li>- Veterans Coalition</li><li>- The group agrees that interweaving Be the 1 with CC Responds to SUD or other substance use prevention initiatives makes sense or continue to meet but every other month.</li><li>- Discussion about involvement with local school districts. Could check in with schools about what they're seeing for mental health/suicide trends at district-</li></ul>	<p>Group agrees that interweaving with CC Responds to SUD makes sense or Be the 1 could continue meeting every other month. Catalina will discuss with Jen. Could also create a schedule of guest speakers.</p> <p>C3PH will reach back out to schools to invite them to these meetings and share resources (including links to the meeting minutes and social media</p>

	<p>wide meetings. Partnerships with local school districts have faded over time, although on the positive side, schools have updated their protocols, worked with NH Rapid Response, and SAU 9 had created a Behavioral Health Collaborative. Schools' needs grew higher, they turned inward, and they may have less capacity for community coalitions, plus there has been a lot of turnovers at schools.</p> <ul style="list-style-type: none"> <li>- This could be a good time to reach out to schools to those who were involved before (to see if they now have capacity to become involved again) and to new staff, describe what we do and how we want to support their efforts- would like to have something concrete to offer them.</li> <li>- Ensure that resources and the meeting minutes are available to schools even if they can't attend the meetings and that people are aware of them.</li> <li>- Guest speakers about mental health and SUD were found to be helpful, along with updates from the hospitals.</li> </ul>	<p>pages)- Could use Emily's list of school administrators.</p> <p>Meeting minutes can be found on the C3PH website, <a href="#">here</a> and resource guides can be found <a href="#">here</a>. Resources can also be found on the C3PH and U25 social media accounts and Linktrees (links to resources):</p> <p>C3PH <a href="#">Facebook</a>, <a href="#">Instagram</a>, and <a href="#">Linktree</a></p> <p>U25 <a href="#">Facebook</a>, <a href="#">Instagram</a>, and <a href="#">Linktree</a></p>
<p>Goals and objectives for 2025</p>	<p>What will the goals and objectives of the group be for 2025?</p> <ul style="list-style-type: none"> <li>- Events, info, resources sharing among providers</li> <li>- Awareness raising, community</li> <li>- Communication and collaboration among providers</li> <li>- Guest speakers, trainings</li> <li>- Student voice, getting to y</li> <li>- Prevention and postvention</li> <li>- Focus on young adults</li> <li>- Survivors of Suicide Loss</li> <li>- Discussion about involvement with local schools/student groups- Jen and Emily going to CC Adult Ed to talk about mental health and substance use prevention/resources and the YRBS- Could do something similar with student groups, e.g. KHS GSA- Could be a guest speaker at one of their meetings or do activities with them.</li> <li>- There is a state-wide push for the YRBS- Could use this group as a vehicle to move that work forward and talk about the importance of the YRBS with schools and students.</li> </ul>	<p>C3PH will discuss more involvement in local schools/student groups, plus how to incorporate YRBS data/information into outreach.</p>

<p>Who should be at the table?</p>	<p>Brainstorm list of stakeholders who we would like at the table.</p> <ul style="list-style-type: none"> <li>- Reach back out, rebooting, inviting new people from school leadership</li> <li>- Local legislators- C3PH will be doing advocacy work this spring to inform local legislatures about public health issues so they have the background information to make informed decisions.</li> <li>- C3PH is also working on doing outreach to employers about our initiatives and how we can work together to serve each other's goals- A lot of employers employ young people. The Ossipee Area and MWV Chamber of Commerce business expo/meetings are a great way to connect with employers.</li> </ul>	<p>C3PH will reach out to school administrators to invite them to the group and share resources/info.</p> <p>C3PH can continue to attend Chamber of Commerce events to connect with employers.</p>
<p>Format for meetings</p> <ul style="list-style-type: none"> <li>- Day, time, frequency</li> <li>- In - person or virtual</li> <li>- Format of agenda</li> </ul>	<ul style="list-style-type: none"> <li>- Catalina will discuss with Jen about how often to meet- Possibly every other month at the same day/time.</li> <li>- Create a schedule of guest speakers.</li> </ul>	
<p>Updates</p>	<p>Sarah/New Futures:</p> <ul style="list-style-type: none"> <li>- The YRBS bill (HB 446) looked like it was going well, but then an amendment was added to make it opt-in, which would make it difficult to get data. Unsure if there will be another hearing about it. This is a great time to email your legislators or write an opt-ed about the importance of the YRBS. Learn more at <a href="https://new-futures.org/YRBS#action">https://new-futures.org/YRBS#action</a></li> <li>- Bill about setting up 988 crisis centers (SB255), including centers specifically for youth, was looking good but one of the sponsors may be getting cold feet. Learn more here <a href="https://new-futures.org/988">https://new-futures.org/988</a></li> </ul>	<p>If you're interested in getting involved with these bills or advocacy, contact Sarah at <a href="mailto:scain@new-futures.org">scain@new-futures.org</a></p> <p>Follow <a href="https://new-futures.org/current-legislation">https://new-futures.org/current-legislation</a> to keep up with current legislation and lend your voice.</p>

- Variety of bills about LGBTQ+ related issues- learn more here <https://new-futures.org/LGBTQ>

Heather/DOE:

- Upcoming MTSS-B Framework Training for NH School Level Teams: [https://nhmtssb.org/wp-content/uploads/2025/02/MTSS-B-Framework-2025-Spring-Training-flyer\\_2\\_6\\_25.pdf](https://nhmtssb.org/wp-content/uploads/2025/02/MTSS-B-Framework-2025-Spring-Training-flyer_2_6_25.pdf)
- Save the date: Spring Prevention Conference on May 12, with JSI and DHHS: <https://drugfreenh.org/event/2025-nh-prevention-conference/> and <https://nhpreventionconference.org/>
- The Youth Suicide Prevention Assembly is going to be absorbed into the Youth Suicide Prevention Council, if you're interested reach out to Heather (she's co-chair) and she can connect you to Susan Ward or Catherine Cox to join.
- Know and Tell Training at NHED in March being held in collaboration with Granite State Children's Alliance: [KNOW & TELL Training 3.26.2025](#)

Mckenzie/Northern Human Services:

- Mckenzie's role as the Care Liaison will continue through Oct. 1 (they received a no-cost extension and funding from a different area was diverted to her). She covers Carroll, Coos, and upper Grafton Counties and can receive referrals from anywhere (hospitals, schools, therapists, Northern Human Services, etc.). She works with high-risk youth and young adults and their caregivers/supports for up to 3 months to lower their risk, work on establishing coping skills, trigger identification, and connect them to services.
- Mckenzie also accepted a part-time position as an Assertive Community Treatment (ACT) Coordinator, which is similar to the Liaison role but for ages 18+.

Amanda/Huggins:

If you're interested in joining the Youth Suicide Prevention Council, reach out to Heather at [heather.m.clogston@doe.nh.gov](mailto:heather.m.clogston@doe.nh.gov)

Contact Mckenzie to learn more about here role or for referrals: [mwebb@northernhs.org](mailto:mwebb@northernhs.org) , also see info at <https://www.c3ph.org/intitiatives/youth-suicide-prevention/Care-Liaison-Program>

Amanda and Mckenzie will connect.

	<ul style="list-style-type: none"> <li>- Have been seeing a lot of stressors in individuals who identify as LGBTQ+ lately, especially in regions that may not be as welcoming- this is a population that may need additional support.</li> <li>- Huggins has a free to the public diabetes support group, that also focuses on the mental health aspect, 4<sup>th</sup> Wednesday of the month, FMI: <a href="http://www.hugginshospital.org/resources/support-groups">www.hugginshospital.org/resources/support-groups</a></li> </ul>	<p>C3PH has an LGBTQ+ resource guide that can be found <a href="#">here</a></p> <p>NH Outright is a great resource (changing name from Seacoast Outright)- <a href="https://www.seacoastoutright.org/">https://www.seacoastoutright.org/</a></p> <p>White Mountains Pride Festival will be in June, youth can be involved/volunteer and C3PH will be there: <a href="http://www.whitemountainspride.com/">www.whitemountainspride.com/</a></p>
--	--	--

Jennifer Thomas  
[Jennifer.thomas@graniteuw.org](mailto:Jennifer.thomas@graniteuw.org)

Catalina Kirsch  
[catalina.kirsch@graniteuw.org](mailto:catalina.kirsch@graniteuw.org)

**Awareness Campaigns**

**February**

- Black History Month
- National Eating Disorder Awareness Feb 26- Mar 1
- Teen Dating Violence Awareness Month

**March**

- Self-Harm Awareness Month
- Disability Awareness Month
- World Teen Mental Wellness Day
- Transgender Day of Visibility

**April**

- National Counseling Awareness Month
- Stress Awareness Month
- April 16 World Semicolon Day

**May**

- Mental Health Awareness Month

<p>Find more online at</p> <p><a href="https://my.nami.org/NAMI/media/NAMInet/Outreach-Partnerships/Awareness-Calendar-2024-25.pdf">https://my.nami.org/NAMI/media/NAMInet/Outreach-Partnerships/Awareness-Calendar-2024-25.pdf</a></p> <p><a href="https://www.samhsa.gov/newsroom/observances/suicide-prevention-month">https://www.samhsa.gov/newsroom/observances/suicide-prevention-month</a></p> <p><a href="https://988lifeline.org/promote-national-suicide-prevention-month/">https://988lifeline.org/promote-national-suicide-prevention-month/</a></p> <p><a href="#">health literacy resources for health professionals</a></p>	
<p>Resources attached to share:</p> <ol style="list-style-type: none"> <li>1. Magnify Voices Expressive Art Contest 2025 flyer</li> <li>2. NH MHCAP Educators Wellness ECHO. See flyer. 2 pages</li> <li>3. Alternative Peer Groups</li> <li>4. Online Narcan training and distribution order</li> <li>5. Anti Oppressive Practices Child Behavioral Health ECHO</li> <li>6. Carroll County Veterans Coalition Creative Arts Contest</li> <li>7. Carroll County Veterans Coalition Conference</li> <li>8. Adult Mental Health First Aid Training</li> <li>9. Resources from NH Bureau of Drug and Alcohol Services (BDAS)</li> <li>10. See list of resources at <a href="https://www.c3ph.org/resource-center/resource-guides">https://www.c3ph.org/resource-center/resource-guides</a></li> <li>11. See list of resources at <a href="https://linktr.ee/c3phnh">https://linktr.ee/c3phnh</a></li> </ol>	<p>Catalina with send the MCAP flyer to Crystal as a PDF.</p> <p>Flyers can also be found in our flyers folder <a href="#">here</a></p>





**SUBMISSIONS  
ARE NOW  
OPEN**

Artwork Deadline  
04/20/2025



**SEVENTH ANNUAL**



EXPRESSIVE ART CONTEST

The Magnify Voices Expressive Art Contest recognizes and celebrates the creativity of youth. Submit your artwork and help raise awareness about the vital importance of mental health for all!

- Open to NH students grades 5- 12
- 12 finalists art appears in planner and cash prize
- Celebration Date: Wednesday, May 21, 2025



LEARN MORE

Questions? Reach out to: [magnifyvoices@gmail.com](mailto:magnifyvoices@gmail.com)

AN INITIATIVE OF





# NH MCAP ACCESS LINE

**(603) 650-4741**

Provider-to-provider child psychiatry support

NH MCAP is your connection to provider-to-provider support from the Child Psychiatry team at Dartmouth Health Children's. Consults are available to primary care providers that care for children and adolescents in NH and are provided by phone, during regular business hours.

## HOW IT WORKS



This program is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$850,000 with 20% financed by nongovernmental sources. The contents are those of the authors and do not necessarily represent the official views of, nor an endorsement by, HRSA, DHHS, or the U.S. government. For more information, please visit [HRSA.gov](http://HRSA.gov).





(603) 650-4741

Provider-to-provider  
child psychiatry support

## Frequently Asked Questions

### Q. What kind of questions can providers call NH MCAP Access Line about?

- A. The Dartmouth Health Children's Child and Adolescent Psychiatrist that supports the Access Line can answer mental health questions about assessment, diagnosis, and treatment planning including medication management or other treatments. Examples include questions about specific medication dosing or side effects and help with differential diagnoses or appropriate levels of care.

### Q. What's the best way to frame my question?

- A. Prior to speaking with the Dartmouth Health Children's Child and Adolescent Psychiatrist we will collect some basic intake data. During the consultation, it is helpful to understand what you are looking for help with and what you have tried so far.

### Q. What is the average wait time to speak with a Child and Adolescent Psychiatrist?

- A. Most consults are available within 2 days of request, depending on the overall volume of requests.

### Q. How long will a call take?

- A. The average consultation takes about 15 minutes, but you will get as much consultation as you need.

### Q. What if I need a response right away?

- A. The NH MCAP Access Line is not a crisis service, but NH does have resources to help! NH Rapid Response Access Point (833-710-6477) is a 24-hour service that can help you and your patient determine next steps which may include phone support, dispatch of a Rapid Response Team, or referral to an Emergency Department. More information can be found here:

[Acute Crisis Care](#) | [Children's Behavioral Health Resource Center \(nh.gov\)](#)

### Q. How do I bill for this?

- A. Interprofessional telephone/internet Electronic Health Record Consultation code 99452 may be reported by the treating/requesting physician, NP, or PA for 16-30 minutes in a service day preparing for the referral and/or communicating with the consultant.

### Q. How does NH MCAP manage patient data?

- A. Patient data and recommendations made during the consultation are recorded in Dartmouth Health's secure, HIPAA protected electronic health record and e-faxed to the requesting provider following the consult. All data used by NH MCAP for program evaluation is de-identified.





## What Are Alternative Peer Groups?

Creating Connections NH is building supportive recovery communities called Alternative Peer Groups (APGs) for youth and young adults with substance use challenges. APGs offer young people a chance to connect at least once a week with peers in an environment that is fun, safe, substance-free, and recovery-focused.

### APGs Provide...

- Connection through a supportive peer environment
- Fun, substance free activities
- Sense of belonging
- Focus on health and wellness

### More Than Just Meeting Up

- APG Facilitators are trained recovery support professionals
- Youth help choose fun group activities that match their interests
- Opportunities for family/ caregiver involvement

## Connect with a Group Near You

### Southern NH

**Revive Recovery** (Nashua)

[reviverecovery.org](http://reviverecovery.org) | 888.317.8312

### Seacoast Area

**Safe Harbor Recovery Center** (Portsmouth)

[granitepathwaysnh.org](http://granitepathwaysnh.org) | ph. 603.570.9444

**Live Free Recovery** (Dover, Somersworth)

[livefreerecovery.com](http://livefreerecovery.com) | ph. 603.702.2461

### Franklin/ Tilton/ Concord/ Plymouth

**Archways of Greater Franklin and Plymouth**

[archwaysnh.com](http://archwaysnh.com) | ph. 603.286.4255

### Carroll County

**Kingswood Youth Center** (Carroll Cty. South)

[zachary.porter@thekyc.org](mailto:zachary.porter@thekyc.org) | ph. 603.569.5949

**Terra Equine Center** (Carroll County North)

ph. 603.487.6745



**University of  
New Hampshire**

✉ [IOD.CBH@unh.edu](mailto:IOD.CBH@unh.edu)

🌐 [iod.unh.edu/creating-connections-nh](http://iod.unh.edu/creating-connections-nh)

Creating Connections NH is a project of the UNH Institute on Disability (IOD).

The IOD promotes full access, equal opportunities, and participation for all persons by strengthening communities and advancing policy and systems change, promising practices, education, and research.

*Supported by funding from the NH Department of Health and Human Services.*



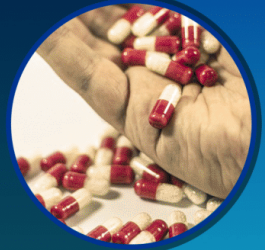
# HELP CREATE A SAFER COMMUNITY

## LEARN ABOUT THE OPIOID EPIDEMIC

### FREE ONLINE MODULE

Opioid Use Disorder  
Education  
Overdose Response  
Resources  
for rural  
New England

Free online training  
on how to recognize  
and respond to an  
overdose



Option to receive free  
naloxone (Narcan)  
nasal spray by mail



Invitation to complete  
an anonymous  
5-minute research  
survey



**University of  
New Hampshire**  
Extension

This research has been approved By The University of  
Rhode Island Institutional Review Board



This project was supported by the Substance Abuse and Mental Health Services Administration of the National Institutes of Health under award number 1H79TI085612-01. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the NIH.

# Anti-Oppressive Practices in Behavioral Health for Children, Adolescents, and Youth ECHO

## Series Topics:

- Overview of power, privilege, and oppression
- Power dynamics within practice
- Beyond stereotypes: deepening understanding of personal and cultural diversity

**And more!**

## Audience:

Social workers, occupational therapists, nurses, clinical supervisors, students, and all behavioral health professionals



**Tuesdays**

**12:30pm - 1:30pm via Zoom**

October 29th

November 12th

December 3rd

February 11th

March 11th

April 8th

[Register Here](#)

**Questions?**

Please contact:

Cait.mcallister@unh.edu

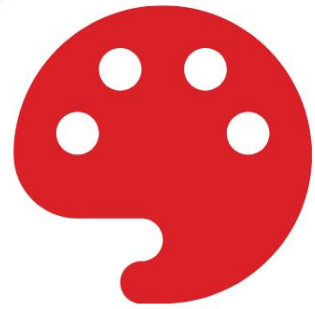


This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number M01HP52160, Behavioral Health Workforce Education and Training Program. This content is that of the authors and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS, or the U.S. Government



CARROLL COUNTY  
VETERANS COALITION

# CREATIVE ARTS CONTEST



SUBMISSIONS  
OPEN UNTIL  
2/28/25



LET YOUR CREATIVITY SHINE THROUGH THIS COMPETITION  
TO HONOR SERVICE MEMBERS, VETERANS, AND THEIR  
FAMILIES. PLUS, THE TOP 3 FINALISTS WILL WIN A PRIZE!

The Carroll County Veterans Coalition is hosting a Creative Arts Contest for our 2nd Annual Conference. Youth and young adults are encouraged to submit a creative piece of work that honors service members, veterans, and their families.

Examples of creative work:

- Thank you letters
- Poems
- Essays
- Art (paintings, drawings, sculptures)
- Digital art (krita.org is a free platform)
- Videos (short films, songs)
- Any other medium of expression!

FMI AND TO  
SUBMIT YOUR WORK:

[jennifer.thomas@graniteuw.org](mailto:jennifer.thomas@graniteuw.org)





**FREE  
ENTRY**

# CARROLL COUNTY VETERANS COALITION

## 2ND ANNUAL CONFERENCE



03.22.25



Join us for our 2nd Annual Conference! This year's theme is from the Department of Military and Veterans Affairs Services, "Ask the Question," campaign. All community members are invited, especially service members, veterans, and their families (SMVF). Refreshments will be served.

### Join us to:

- Raise awareness on the need to identify SMVF and provide culturally appropriate resources
- Learn about resources in the community
- Engage with other SMVF and community service providers
- Learn more about SMVF mental health and suicide prevention



**Saturday, March 22, 2025, 1100-1400 hours (snow date March 29th)**  
**North Conway Community Center**  
**78 Norcross Circle, North Conway, NH 03860**

If you are a community partner that would like to have a table at our event, please register here:



<https://forms.gle/T12upBRXh38r1dSv5>

**Free light  
refreshments!**



FMI:  
[jennifer.thomas@graniteuw.org](mailto:jennifer.thomas@graniteuw.org)



Register to have a table here: <https://forms.gle/EuZbtFchPd7SZ5GF7>



# ADULT MENTAL HEALTH FIRST AID TRAINING

**FREE**

**TRAINING**

AMHFA is an evidence based prevention program taught by certified instructors.  
FMI:  
[www.mentalhealthfirstaid.org/about/](http://www.mentalhealthfirstaid.org/about/)

**Peer to peer support!**

## Objectives:

- Learn how to safely and responsibly identify and address a potential mental health or substance use challenge.
- Improve understanding of mental health and substance misuse.
- Learn how to create an action plan to keep a peer safe and refer to appropriate resources

## Audience:

First responders, dispatchers, school administrators, nurses and general public



0830 - 1600 hours



Friday March 14th, 2025



Carroll County Annex Meeting Room (Behind Mountain View Nursing Home)  
County Farm Road, Ossipee, NH 03864



[jennifer.thomas@graniteuw.org](mailto:jennifer.thomas@graniteuw.org)

**REGISTER**

<https://forms.gle/MmVTGSCTQBDAyqVV6>



Register here: <https://forms.gle/MmVTGSCTQBDAyqVV6>

UPCOMING (source NH DHHS Bureau of Drug and Alcohol Services, 2025)

---

### [Becoming a Mental Health First Aid \(MHFA\) Instructor](#)

Friday, February 21, 2025 from 2:00pm - 3:00pm

Learn more about becoming a Mental Health First Aid (MHFA) Instructor, and empower your community to tackle mental health and substance use challenges head-on with an evidence-based, nationally recognized program.

During the webinar we'll discuss:

- What to expect from a MHFA class.
  - The role of a MHFA Instructor.
  - An overview of our Instructor certification process.
- 

### [Trauma-Informed Drug Testing in Child Welfare: START's Approach](#)

Wednesday, February 26, 2025 from 12:00pm - 1:30pm

An all-new "virtual workshop" designed for shared learning and practice improvement, participants in the workshop will:

- Understand trauma-informed care principles
- Become familiar with START's new drug testing standards for parents in child welfare that are grounded in trauma-informed care principles
- Become trauma-informed in approaching parents who have substance use challenges

Who Should Attend: Child welfare and treatment providers who want to improve trauma-informed practices in child welfare and those who may want to implement START, and all START affiliates.

## RECORDINGS

### [Impact of Firearm Violence on Youth](#)

During this webinar, researchers from University of California, Davis and Northwestern University discussed new findings that explore the nature and dynamics of childhood exposure to gun violence in US cities; the impact of firearm exposure on youth mental health and on future adult experiences of gun violence; and the impact of "collective efficacy" on firearm violence exposure for youth.

---

### [12th Annual Vermont Center on Behavior and Health \(VCBH\) Conference - Tobacco Use: Intersections with Other Addictions, Chronic Disease, and Health Disparities](#)

Our theme for this year's conference is Tobacco Use: Intersections with Other Addictions, Chronic Disease, and Health Disparities. Cigarette smoking alone, directly contributes to risk for a myriad of chronic diseases causing almost 500,000 premature deaths in the U.S. annually. Smoking and other tobacco use disproportionately impacts certain subpopulations including those with other addictions, contributing to health disparities.

Many of the presentations over the next two days will also examine sex and gender differences as tobacco use among women often carries the additional risk of multigenerational adverse health effects and disproportionately impacts certain subgroups of women including those residing in rural regions, those who

have other addictions or are socioeconomically disadvantaged, and those who have multiple risk factors (i.e., cumulative vulnerability). Advancing scientific understanding of these important topics provides the opportunity to continue reducing the terrible burden that tobacco use has on U.S. and global population health. Access pdf version of the conference brochure [here](#).

---

### **Data Driven Partnerships: Understanding the Military's Role in Substance Use Prevention Partnerships, A 2-Part Series**

Part 1 of this series delves into the multifaceted impact of military installations on community health and prevention efforts by studying the use of both quantitative and qualitative data for decision making. Part 2 of this series explores the role military prevention professionals play in fostering healthier communities and how to effectively partner with them to mutually improve outcomes through data sharing.

[Data Driven Partnerships: Part 1](#) (recording) [View Resources](#)

This training session focuses on the multifaceted impact of military installations on community health and prevention efforts by studying the use of both quantitative and qualitative data for decision making.

[Data Driven Partnerships: Part 2](#) (recording) [View Resources](#)

The session will highlight the data sources these professionals utilize in their work and provide strategies for engaging them in community prevention work.

---

### **[Digging into the Bio-Psycho-Social: Addressing the Holistic, Multifaceted Needs of Individuals in Treatment and Recovery](#)**

Our understanding of the brain has exponentially expanded over the past few decades. This extraordinary growth in knowledge has led to research illuminating specific brain areas involved in addiction with the hope that novel medications and targeted neurologic interventions can treat substance use disorders. Expansion of life-saving medications to treat Opioid Use Disorder has been a necessary public health priority. As important as these efforts have been, people are more than their brains and addiction is a multifaceted disorder. The biopsychosocial model is a framework that considers the important biological, psychological, and social factors that contribute to addiction. This talk will review the biopsychosocial model and address the critical domains necessary for comprehensive recovery.

---

### **[Professionals and Community Members as Recovery Allies](#)**

Family members, friends, neighbors, professionals, and other community members play a critical role as allies in supporting recovery. Research shows that creating a meaningful life in recovery requires access to healthcare, safe and affordable housing, educational opportunities that may have been missed during periods of drug use, and employment that allows people in recovery to support themselves and their families and contribute to society. Recovery capital refers to the resources, both internal and external, that an individual can draw upon in order to overcome substance use and maintain recovery. The session will begin with a presentation on the recovery ecosystem and recovery capital and will then identify real world examples of ways allies in communities have supported recovery by changing the community environment and creating opportunities to boost recovery capital.

---

### **[Understanding Trauma and Trauma-Related Disorders](#)**

When it comes to recognizing and addressing trauma and trauma-related disorders, it's important to separate fact from fiction. Post-traumatic stress disorder (PTSD), for example, is often associated exclusively



with the horrors of war, but it's a myth that only veterans of combat develop the condition. In reality, PTSD can impact anyone who has witnessed or experienced traumatic, life-threatening, or life-changing events. Misconceptions also surround dissociative identity disorder (DID), once known as multiple personality disorder. While misleading media portrayals might suggest that most people with DID jump between personas and personalities, in reality, only a very small portion of those with the disorder exhibit this behavior. So how can we learn to recognize the symptoms of psychological trauma? What are the best options for effective treatment? And how can we best understand if we have experienced a traumatic event?

---

[SAMHSA's National Training and Technical Assistance Center for Early Serious Mental Illness \(ESMI TTA Center\) Clinical High Risk for Psychosis Overview Webinar Recording](#)

This webinar provides an overview of clinical high risk (CHR-P) for psychosis and CHR-P programs. Dr. Jason Schiffman, Director of the PREVENT Lab at the University of California, Irvine provides an overview of CHR-P and moderates a panel composed of SAMHSA clinical high risk for psychosis grantees to discuss their experiences and challenges with program implementation as well as practical solutions and resources to advance clinical high risk for psychosis programming.

---

[SAMHSA's Center for Financing Reform & Innovation \(CFRI\) Financing Measurement-Based Care in Community Behavioral Health Settings](#)

Measurement based care (MBC) for behavioral health care is a clinical process that uses standardized measurements to track a client's progress over time that inform shared patient-provider treatment planning and decision-making. One significant challenge to the broader adoption of MBC is financing. This report uses analyses based on discussions with payers, policy makers, financing experts, and providers and an environmental scan to explore MBC reimbursement options and to identify challenges and potential solutions for increasing use of MBC across diverse community behavioral health care settings. View the [recorded webinar](#), [presentation slides](#), and [report](#).



## RESOURCES

### NCSMH & NCTSN Resources for National Events

The National Child Traumatic Stress Network (NCTSN) and National Center for School Mental Health (NCSMH) have compiled a list of resources to help victims, families, and communities cope with grief and other emotions related to recent national events. Along with the resources below, we hope you take time to prioritize care for yourself and your loved ones, and that you can continue to effectively support your students, staff, and communities:

- [Supporting Students, Staff, Families, and Communities Impacted by Violence](#) by NCSMH
- [Helping Students Cope with the Preparation and Aftermath of Natural Disasters](#) by NCSMH
- [Resources in Response to the New Year's Truck-Ramming Attack in New Orleans](#) from NCTSN
- [Resources in Response to the California Wildfires](#) from NCTSN
- [Wildfire Resources](#) from NCTSN

#### Additional Resources:

- [CA Wildfires and Indigenous Sources of Knowledge](#) by Learning for Justice
- [Understanding the Impacts of Natural Disasters on Children](#) from the Society for Research in Child Development
- [Behavioral Health Conditions in Children and Youth Exposed to Natural Disasters](#) by the Substance Abuse and Mental Health Services Administration (SAMHSA)

---

### [Best Practice Guide to Telehealth for Emergency Preparedness](#)

Telehealth is important for providing medical care during an emergency, such as a pandemic or natural disaster. Providers can use telehealth to perform quick assessments, triage patients, and deliver patient care. Integrating telehealth into emergency preparedness plans is essential. This best practice guide provides detailed information and resources on using telehealth for emergency preparedness. Use this best practice guide to learn how to integrate telehealth into emergency preparedness plans.

---

### Resources for National Human Trafficking Prevention Month

Federal laws, such as the Preventing Sex Trafficking and Strengthening Families Act, the Justice for Victims of Trafficking Act, and the Trafficking Victims Prevention and Protection Reauthorization Act, help lay the groundwork for how child welfare and other agencies should respond and collaborate to establish prevention programs. During National Human Trafficking Prevention Month, use these resources from [Child Welfare Information Gateway](#) to learn more about the risk factors and signs of trafficking and sexual exploitation and best practices in identifying, responding, and supporting children who are or are at risk of experiencing trafficking or sexual exploitation as well as their families.

#### Publications:

- [Human Trafficking and Child Welfare: A Guide for Caseworkers](#)
- [Human Trafficking and Child Welfare: A Guide for Caseworkers](#) [Spanish] (new!)
- [Human Trafficking and Child Welfare: A Guide for Child Welfare Agencies](#)
- [Definitions of Human Trafficking](#)
- [Human Trafficking: Working With Faith-Based Groups](#)

#### Resources:

- [Trafficking and Sexual Exploitation](#)

- [Reducing the Use of Congregate Care](#)
- [Trauma-Informed Practice](#)
- [Safety and Risk](#)
- [Prevention](#)

Partner Resources:

- [Sex Trafficking Prevention \(Capacity Building Center for Tribes\)](#) - Explore different ways to respond and better understand sex trafficking with these tools, examples, and information for agencies.
- [Interactive Tools to Support Child Welfare Workers in Their Response to Human Trafficking \(The Administration for Children and Families\)](#) - Access two new microlearnings developed for frontline professionals who work with children to strengthen screening for human trafficking and safety planning. These 30-minute modules are designed for quick, digestible, and interactive training.
- [New Opportunities: A National Strategy to Prevent Homelessness \(Chapin Hall\)](#) - Learn about the long-term drivers of youth homelessness, the conditions that trigger it, missed opportunities, and recommendations for changes in policy, research, and practice with a national strategy informed by Chapin Hall's Voices of Youth Count study to prevent homelessness.

### [Mental Health America's Breaking the Algorithm: Redesigning social media for youth well-being](#)

Mental Health America's latest report, [Breaking the Algorithm: Redesigning social media for youth well-being](#), dives deep into how social media is impacting young people's mental health, relationships, and daily lives. This report brings together insights from over 900 survey respondents, focus groups with young people, and conversations with our youth co-researchers to explore:

- The dual nature of social media as both a connector and a source of harm.
- How algorithms shape youth experiences, often without their full understanding or consent.
- Why it's critical to empower young people with tools, education, and a voice in the systems that shape digital worlds.

### [Center for Addiction Recovery Support \(CARS\) - National Peer-Run Training and Technical Assistance](#)

In collaboration with [SAMHSA's Office of Recovery](#), the CARS program aims to expand access to culturally responsive training and technical assistance for addiction recovery support services nationwide. CARS is led by [One World Recovery Network \(OWRN\)](#), a Peer-Led Recovery Community Organization. CARS expands upon the previous work done by the Peer Recovery Center of Excellence (PRCOE); and is committed to expanding recovery support resources for all communities. Visit the new website to access Technical Assistance, Resource Directories, and Helpful Tools! The Center for Addiction Recovery Support (CARS) provides essential training and technical assistance (TTA) to help organizations better support individuals facing substance use and co-occurring mental health challenges.

### [SAMHSA Integrating Behavioral Health Services Within Specialty Practices Serving Adults and Pediatric Populations](#)

SAMHSA has issued two new papers on integration of behavioral health care in specialty care settings such as oncology and gastroenterology clinics. One paper focuses on care for adults and the other pediatric populations. The two papers discuss examples of integrated care models, key components of integrated care models and examples. The goal of these papers is to help ensure patients in these specialty care settings have access to behavioral health care. This content is undergoing Section 508 remediation. If you need assistance to access this file, please contact [508@samhsa.hhs.gov](mailto:508@samhsa.hhs.gov).

## [Integrating Behavioral Health Services Within Specialty Practices Serving Adults](#)

## [Integrating Behavioral Health Services Within Specialty Practices Serving Pediatric Populations](#)

### [SAMHSA Clinical Advisory: Considerations for Genetic Testing in the Assessment of Substance Use Disorder Risk](#)

SAMHSA has released this Clinical Advisory, providing critical insights for the equitable and person-centered implementation of this emerging intervention. This Advisory examines the role of genetic testing in assessing SUD vulnerability and outlines the current limitations of these technologies.

### [SAMHSA Releases Documents Supporting SUPTRS Block Grant Awardees](#)

SAMHSA published five documents to promote the integration and advancement of promising practices in SUD treatment. These documents provide guidance to states and providers as they bolster their behavioral health infrastructure. Today's publications include:

- [Advancing Equity in SUD Treatment Behavioral Health Resource](#)
- [Improving Data Collection & Reporting Resource Document Learning Collaborative Resource Document](#)
- [Medications for Opioid Use Disorder: An Effective Treatment for Justice-Involved Persons Reentering the Community Brief Reference Document](#)
- [Mobile Medication Units and Health Clinics Issue Brief](#)
- [Innovative and Holistic Programs that Offer Medications for Opioid Use Disorder to Pregnant and Parenting Women Issue Brief](#)

### [SAMHSA Releases Recovery Fact Sheets](#)

SAMHSA has released two recovery fact sheets designed to empower individuals navigating mental health and substance use services and expand the adoption of recovery-oriented services and supports in state, local and community behavioral health settings. [Housing Supports Recovery and Well-Being: Definitions and Shared Values](#) summarizes the role that housing plays in supporting recovery for recovery and housing leaders. [Countering Discrimination and Improving Recovery Supports Across Court, Corrections, and Reentry Settings](#) highlights and addresses public misconceptions and misperceptions linking mental health and substance use conditions with crime rather than recognizing systemic barriers to accessing needed care.

### [SAMHSA DAWN National Estimates from Drug-Related Emergency Department Visits, 2023](#)

The Drug Abuse Warning Network (DAWN) National Estimates from Drug-Related Emergency Department Visits, 2023 report provides weighted national estimates. The frequency of substance-related visits increased by 5.8 percent compared to estimates in 2022. Rates of all substance-related ED visits from participating hospitals were highest among individuals with the following characteristics: males (2,668 per 100,000), individuals who were not Hispanic or Latino (2,391 per 100,000), and Black individuals, after accounting for the underlying population (4,053 per 100,000 versus 1,736 per 100,000 in the next highest subpopulation). The top substances reported were alcohol, cannabis, opioids, methamphetamines, cocaine, and benzodiazepines.

### [SAMHSA Substance Use Disorder Treatment Month Toolkit](#)

SAMHSA has released a toolkit for the first Substance Use Disorder Treatment Month, to be observed January 2025. Treatment Month raises awareness of the benefits and availability of evidence-based

treatments for people with a substance use disorder; addresses barriers to treatment, including stigma; and normalizes seeking help. The toolkit includes information about weekly themes, social media graphics and messaging, a webinar background, and resources that public health organizations, treatment providers, professional associations, and others can use to spread awareness of Treatment Month. Visit [SAMHSA.gov/SUDTM](https://www.samhsa.gov/SUDTM) to check out our toolkit and resources, and watch the Substance Use Disorder Treatment Month 2025 video [here](#).

[Biden-Harris Administration Awards 14 States and Washington, D.C. with CCBHC Medicaid Demonstration Planning Grants for Expanding Access to Mental Health and Substance Use Disorder Services](#)

[The Ripple Effect: How Your Dry January Impacts Family, Friends, and Community](#)

[January is the Perfect Time to Pursue Treatment for a Substance Use Disorder](#)

[As He Concludes His Second Tenure, 21st U.S. Surgeon General Issues Parting Prescription for America](#)

[U.S. Surgeon General Issues New Advisory on Link Between Alcohol and Cancer Risk](#)

[FDA recommends changes to labeling for transmucosal buprenorphine products indicated to treat opioid use disorder](#)

[FDA weighs novel pain drug amid opioid crisis](#)

[Reported use of most drugs among adolescents remained low in 2024](#)

[U.S. retail sales data show 86% of e-cigarette sales are for illegal products](#)

[Brain structure differences are associated with early use of substances among adolescents](#)

[Top Findings on Addiction in 2024 from Psychology Today](#)

[The Public Policies That Really Help Prevent Suicide](#)

[Suicide rate among veterans held steady in 2022 with guns accounting for most deaths, VA's latest report concludes](#)

[Veteran suicides often follow complaints of chronic pain, insomnia and physical problems, report finds](#)

[Primary Care Can Play Key Role in Suicide Prevention](#)

[CFPB finalizes rule barring medical debt from credit reports](#)

[In New Year, Medicaid to Cover Addiction and Healthcare Services Youth Transitioning Out of Prison and Jail](#)

[9 States Poised To End Coverage for Millions if Trump Cuts Medicaid Funding](#)

[Commitment to an Ethnic/Racial Identity Can Be a Stress Buffer Against Discrimination](#)

[Homelessness Prevention Series: Spotlight on Older Adults](#)

[The Number of Homeless People in the U.S. Has Increased](#)

[US HUD Federal Government Announces Significant Efforts to Reduce Homelessness](#)

*DISCLAIMER: The information and resources presented above are intended for informative purposes only. We make no representations or warranties of any kind, expressed or implied, about the completeness or availability of any of the information that has been shared, and nothing listed constitutes a direct or indirect endorsement by NH BDAS or NH DHHS of any non-Federal and/or State entity's products, services, or policies, and any reference to non-Federal and/or State entity's products, services, or policies should not be construed as such.*