

CARROLL COUNTY RESPONDS TO SUBSTANCE USE DISORDER 2026-2027

MINUTES – October 7, 2026

Prevention – Continuum of Care Workgroup

Meets First Wednesday of Aug, Oct, Dec, Feb, Apr, Jun.

NEW DAY & TIME: 12:30-2:00pm

FMI:

Jennifer Thomas, jennifer.thomas@graniteuw.org

Catalina Kirsch, catalina.kirsch@graniteuw.org



See Minutes and Agendas here:

<http://www.c3ph.org/initiatives/continuum-of-care-for-substance-use-disorders>

See Shared Folder for flyers and announcements here:

https://drive.google.com/drive/folders/1BFsX-kCE6IZ2VfKwWa2gB6IJ0vWaV_wr?usp=sharing

Register for Zoom Meeting <https://us02web.zoom.us/meeting/register/tZwtceigqDluHtRorTn80ou-lizThDOxqgR8>

Attendance:

Joy Burrill	Certified Recovery Support Worker, White Horse Recovery, North Conway
Nicole Wiles	RN, Maine Health Memorial Hospital, Comprehensive Addiction Medicine
Allison Bailey	ACUmed, concerned citizen
Heather Page	Support Coordinator and Advisor, Recovery Friendly Workplace
Jennifer Smith	Director, Maine Health Memorial Hospital Comprehensive Addiction Medicine
Rosemary Normandin	CPSS, North Country Peer Support
Michele Santy	Case Manager, The Doorway, North Country Health Consortium
Erin White	Recovery Coach, White Mountain Community Health Center
George Barber	Carroll County Peer Recovery Assistant Director, White Horse Recovery
Mitchell Henderson	Peer Recovery Director, White Horse Recovery
Heather Bryant	Peer Recovery Coach, White Horse Recovery Conway
Abbie Hickey	Community Health Worker, Maine Health Memorial Hospital
Crystal Sawyer	Director, Carroll County Adult Ed
Matthew Plache	Director, White Horse Recovery
Kimberlee White Feather	Altomare, self-advocate, Way Station, Regency Home Health
Samantha Jones	Children Unlimited
Caleb Gilbert	Assistant VP of Impact, Granite United Way; Director, C3PH
Jen Thomas	Prevention Coordinator, C3PH
Catalina Kirsch	Continuum of Care Facilitator, C3PH
Emily McArdle	Outreach, C3PH

Objectives	Updates	Follow up items, By Who
Stakeholder assistance in information dissemination -	See CC Responds to SUD Flyers Folder here	Add your own flyers, event/service announcements. Take a look in the Google Folder. Lots of valuable info!
Guest Presentation:	Presenting C3PH CHIP 2029 Priorities related to SUD - Social Determinants of Health - Behavioral Health & Wellness - o This includes substance misuse prevention, suicide prevention, youth substance misuse and suicide prevention, Carroll County Veterans Coalition, intervention, harm reduction, treatment, and recovery - o Will spend more focused energy looking at reducing the risk of alcohol-related harms and promoting social connectedness especially for young adults and youth as a protective factor - Other priorities - o Chronic Conditions ▪ Preventing cancer and cardiovascular disease, screening for cancers - o Emergency Preparedness ▪ Ability for communities to respond to emergencies	Review the Carroll County Community Health Improvement Plan here: C3PH CHIP 2029 More info at https://c3ph.org
Advocacy	1. Registration is open for the Crisis Response Advocacy Cohort, a free program from New Futures designed to help New Hampshire's crisis responders become confident, effective advocates. Fmi wchase@new-futures.org 2. Medicaid Matters Webinars and Recordings: Upcoming changes to coverage. Help your clients apply, prevent or navigate loss of coverage. https://www.nhneedsmedicaid.com/	

	3. AbleNH Medicaid Work Requirements Plain Language Facts Booklet 4. NH Voter Registration Updates: https://www.sos.nh.gov/elections/register-vote 5. Follow these organization pages and social media sites for opportunities to speak up for access to behavioral health services, prevention, intervention, treatment and recovery: • https://new-futures.org/ • https://www.naminh.org/take-action/ • https://www.nhhungersolutions.org/advocate#/ • https://www.nhneedsmedicaid.com/ • 6. Other Legislation/ Advocacy	
Strategic Prevention Model: assessment, capacity development, planning, implementation, evaluation - Jen	Prevention Updates- Jen Thomas - Juvenile Diversion Network- Going well - Take Back Day- October 24, 10am-2pm, dispose of unused or expired medications, helps reduce access to substances. - Public Health Messaging – Wolfeboro Community TV- C3PH is doing a public health messaging campaign about public health and what C3PH does, will start recording in the next month, will then be on Wolfeboro Community TV and on YouTube - Veterans Coalition- Waiting on the next round of funding, currently have a nonprofit Marketing 101 training in January, and a Scam Awareness Training coming up (likely in January or February), along with a Popcorn Stories Storytelling Workshop for all Service families (see flyers below) - Outreach and Engagement for Schools 2026-2027- Doing outreach at schools for open houses, conversations with new staff, a few schools interested in having presentations for parents about substances, health teachers working towards youth creating their own PSAs for substance use prevention - SAU 49 Strategic Plan- Worked with SAU 49 to run a strategic prevention framework to assess needs and create	- Find your local Take Back Day collection site: https://www.dea.gov/takebackday - If you're interested in any of these initiatives or trainings, or interested in joining the Youth Wellness Team, please email Jen at jennifer.thomas@graniteuw.org

	strategies, the district is applying for a grant to address those needs - YMCA Exploration- Jen is on a committee to explore adding a YMCA in Carroll County - Red Ribbon Week- Will be doing activities at schools during the week of October 23-31 - Youth Wellness Team reboot- Next meeting on October 12, did own strategic assessment, prioritized concerns, working on action items - Working on a health literacy training pilot for MWV Perinatal Quality Care Coalition at the MWV Adult Day Center Other Prevention updates: - Crystal/Carroll County Adult Ed- Looking for a CPR instructor. Lindsay Richardson at C3PH can provide instruction for up to 6 participants at a time and can provide the Stop the Bleed training. Carroll County Adult Ed also working with White Horse Recovery for an Integrated Education Training for Hospitality and Professionalism training. Other classes and workshops available at https://carrollcountyadulthoodeducation.com/ - George/White Horse: Working with the Kingswood Youth Center and Gov. Wentworth Regional High School and Academy to do prevention programming (speaker events, one-on-one mentoring, working on group programming)	- Caleb will email Lindsay Richardson and CC Crystal Sawyer about the CPR training - Reach out to George to collaborate on youth programming
Other updates? Early ID, Harm Reduction, Intervention Treatment & Recovery	- Carroll County Sequential Intercept Model (criminal justice and mental health collab) - o Mental Health Court- Has had one participant as of several months ago. - o White Horse Transitional Housing- We opened our new counselling center at 23 Moultonville Rd in Center Ossipee three weeks ago. Our recovery community center (peer support) is now operating out of our old clinical offices at 70 Rt 16B in Center Ossipee. We are now renovating	Update sent in by Alex Casale, NH Judicial Branch: "We have decided to call it the Ossipee Circuit Mental Health Court since Carroll County would imply the entire county. The program began operations and has an active participant. There is also an active RFA on the NHJB website for the

	our building at 60 Rt 16B (the old walk-in recovery community center) and aiming to open our recovery residence there in late November; it will have five beds for women in early recovery. (Also expanding clinical staff- Have LADCs in training for substance use disorder along with two full-time counselors in mental health as well.) ○ Juvenile Diversion for Carroll County- Always looking for organizations to partner with, have a restorative point of view, youth can choose their activities for their community service, looking for partnerships. ○ Mental Health Training for 911 Dispatchers – Rochester- In collaboration with Granite United Way and HCA Healthcare, a training was held this Monday at Frisbie in Rochester, had around 15 participants, have more funding for this upcoming year for the Manchester area ○ Behavioral Health Workforce- Update from Jen Smith/Memorial- Have 4.5 psych NPs and two Licensed Clinical Social Workers- one is for the CAM program, and the other is for the primary care office. Memorial will likely be hiring another NP and approved another APP position. Need for more NPs for behavioral health and a Community Health Worker to help with social determinants of health and getting transportation to the program. Would be interested in having more LCSW students regularly rotate through Memorial- need a more formal process for them at CAM or Community Health. ○ White Horse- Have a high volume of people that need the Counselor Supervision and a low volume of people that can provide it- Currently have a MLADAC supervising three people to be LADCs	CARROLL COUNTY MENTAL HEALTH COURT COORDINATION AND TREATMENT SERVICES program. https://apps.das.nh.gov/NHProcurement/File/rfa-nhjb-2026-05.pdf - Email Jen if you are interested in parting with Juvenile Diversion. For more information also email Logan Miner, SOS Recovery, carrollcountydiversion@sosrco.org Additional Update from Northern Human Services – there is currently no wait list at NHS Conway or Wolfeboro. Catalina will follow up to explore pipeline for LICSW students to rotate through MaineHealth Memorial Hospital
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	- Discussion about harm reduction in Carroll County: ○ SOS Recovery Event in Carroll County- Event discussed basic principles of harm reduction and barriers to community harm reduction ○ Currently provided in the community: ▪ C3PH provides naloxone education, stigma trainings, naloxone and harm reduction kits (at community events, Pope Library, Bearcamp Center) ▪ CAM program at Memorial Hospital- Provides safe injection and wound care kits, sharps containers ▪ White Horse Recovery provides: Supplies for basic needs including showers and laundry, tents, sleeping bags, clothing, food, plus Narcan, Detera bags for safe disposal, and test strips. ▪ Conway Peer Support Center- Provides a safe environment for people, is a USDA food site ○ General discussion: ▪ Rose Normandin, Conway Peer Support Center: Harm reduction is a touchy subject, community has changed- used to be focused on syringes and Narcan, but now more people are using Meth (smoking, etc., not injecting), it's a different situation. People know where to get their supplies. Need to help people actively using use the harm reduction supplies that are available- People have to show up to the centers or reach out and ask for help. Have to keep having the supplies available and have conversations- some people in active use afraid to go to	- Catalina will send out the handout on the basic principles of community harm reduction
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	centers to get supplies because they are afraid the conversation will turn into a conversation about treatment. ▪ Jen Thomas – C3PH Prevention: Harm reduction as a prevention concept- Way to start conversations, build trust, give people autonomy. ▪ Dr Jen Smith – Memorial Hospital- Seeing less people use IVs, but those that do use IVs are having more severe infections than seen before (some skin and Xylazine, related, others more serious whole-body infections requiring hospitalizations and antibiotics)- leave the hospital untreated or incomplete treatment and return (group of ~5 people this is happening to). ▪ Mitchell Henderson – White Horse Recovery: Need to ensure all the peer centers/recovery centers/ hospital are all connected so we can stay up to date, ensure if someone does come in for help that they can also get the medical care they need- can improve our wrap around care. ▪ Matt Plache, Ex Dir White Horse Recovery: Need to work with people over time, keep conversations open- E.g. people come to White Horse who are actively using, peer recovery coaches trained in harm reduction and providing support. ▪ Matt Plache: White Horse seeing less overdoses this year, but seeing more meth and Xylazine	
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	▪ Jen Thomas: Questions about testing for adulterants- • Jen Smith: Memorial tests for Xylazine, estimates that Xylazine is in about 30% of the fentanyl tested for. Have test strips for Xylazine but no test strips for other adulterants. ○ Update from Michelle/Doorway Berlin at AVH- The Doorway can distribute Narcan to Carroll County (Mitchell can also help bringing it down from AVH Berlin). Can help get people into treatment and get funding for that (especially with people on Medicare) and can help arrange transportation for treatment along with getting insurance. ○ Harm reduction will be an ongoing agenda item- reach out if you have other ideas about what we could be doing more - Updates from Treatment Providers ○ Jen Smith/Memorial- No updates, will soon be able to start doing inpatient consultations for addiction treatment. - Updates from Recovery Providers ○ Mitchell/White Horse- George recently promoted to Peer Recovery Assistant Director for Carroll County- will be providing support to both Conway and Ossipee, plus working on the youth program as well. George will serve as the go-to person for Carroll County Recovery Centers(cc Mitchell). Trunk or Treat on Sunday 10/25 from 3pm-7pm in North Conway- See flyer below and please sign up to bring a decorated car. ○ Rose/Conway Peer Center- Can send out October calendar. Provides lunch from 12-1 on Monday, Wednesday, and Friday. Packaging up food on Fridays to give to people	- Contact Michelle at the Doorway in Berlin: 603-342-5000 or michele.santy@northcountryhealth.org - Contact Catalina, Jen or Emily for harm reduction supplies (naloxone kits, and test strips. Wound care kits, while supplies available)
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	for the weekend, also seeing a need for this on Mondays and Wednesday. Doing field trips, including Remick Farm Museum on 10/22. Looking to connect with other organizations to increase the number of people that come in and use the services. The Center is a USDA food site- people can come in Monday-Friday, 8am-4pm to pick up as much food as they need. Endeavor House has 5 residents and two beds available. No MWV Supports Recovery services offered at this time, but working on a Writing Class. Voicemail is still checked and given to Rose. ○ Heather/Recovery Friendly Workplace- Recently started advising in the North Country, recruiting more businesses in the North Country and Carroll County. New Recovery Friendly Workplace website lunch and learn walk ○ Emily/C3PH- Recently attended school open houses and provided resources to parents, caregivers, and school staff. Working on activities for Red Ribbon Week. ○ Catalina- Available for trainings- Narcan training, Responding to Addiction, AID, CONNECT suicide prevention, and have harm reduction supplies.	- Contact Rose at rose@northcountypsa.org FMI: www.recoveryfriendlyworkplace.com
Flyers/Announcements	Click here to access flyers folder and get information about current resources and upcoming events Emily- Protect Your Brain, a free online course from the Addiction Policy Forum, provides evidence-based information about brain development, substance use, and prevention. Aimed at youth, parents, educators, youth-serving professionals, and community members. Access the free course here: - English: https://bit.ly/4b8KhZc - Spanish: https://bit.ly/3SJJSXs	

	Awareness Campaigns for 2026-2027 See addendum Attached below 1. Behavioral Health & Recovery Awareness Calendar 2. Veterans 1st Responders Art Program Tamworth 3. InStride Adolescent Treatment Program 4. NH Mental Health Care Access in Pediatrics (MCAP) Online Course 5. Carroll County Food Access Network Gathering 6. White Horse Recovery Trunk or Treat 7. White Horse Recovery Trunk or Treat-Registration 8. Tri-County CAP Free Winter Gear Giveaway 9. Northeast Passage and Carroll County Veterans Coalition Popcorn Stories 10. Carroll County Veterans Coalition Nonprofit Communications 101 Crash Course 11. Unite Us Resource Navigator 12. Take Back Day 13. International Survivors of Suicide Loss Day	
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10:30 Adjourn.



Happy Autumn Season! Thanks for all you do! If you would like to unsubscribe from this email list, send a message that says “unsubscribe” to catalina.kirsch@graniteuw.org .

Jennifer Thomas, jennifer.thomas@graniteuw.org

Catalina Kirsch, catalina.kirsch@graniteuw.org

C3PH Carroll County is inviting you to a meeting series

[Register here](#)

Carroll County Responds to SUD

Please find agendas for upcoming meetings and minutes for past meetings at this page: <https://www.c3ph.org/initiatives/continuum-of-care-for-substance-use-disorders> . Organizing the community for prevention, early identification, intervention, treatment and recovery related to substance use disorder across Carroll County, NH. Open to those who work in public safety, healthcare, education, human services, treatment, recovery, faith community, business, government, and concerned citizens.

Next meeting Date & Time

C3PH Carroll County is inviting you to a scheduled Zoom meeting.

Topic: Carroll County Responds to SUD

Time: Dec 2, 2026 12:30 PM Eastern Time (US and Canada)

Every 2 months on the First Wed, until Jun 2, 2027, 5 occurrence(s)

Please download and import the following iCalendar (.ics) files to your calendar system.

Monthly: <https://us02web.zoom.us/join/join?meetingId=88061869440&signature=C0ESoTxxk8QwfCFMAF8pPTg1roUHdpNGUyBtLFa0qJs>

Join Zoom Meeting

<https://us02web.zoom.us/j/88061869440>

Meeting agenda

https://docs.zoom.us/agenda/doc/88061869440_1626233195000

Meeting ID: 880 6186 9440

One tap mobile

+13017158592,,88061869440# US (Washington DC)

Join by SIP 88061869440@zoomcrc.com

Join instructions

<https://us02web.zoom.us/join/join?meetingId=88061869440&signature=C0ESoTxxk8QwfCFMAF8pPTg1roUHdpNGUyBtLFa0qJs>

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Behavioral Health & Recovery Awareness Calendar

----- Fall 2026 -----

October • National Depression and Mental Health Screening Month • National Substance Abuse Prevention Month • Red Ribbon Week — last week of October (drug-free lifestyle campaign, esp. schools) • World Mental Health Day — October 10 • National Bullying Prevention Month • Domestic Violence Awareness Month • National Collegiate Alcohol Awareness Week — typically mid-October	November • International Survivors of Suicide Loss Day — Saturday before Thanksgiving • November — men's health awareness (mental health, suicide prevention among men, plus prostate/testicular cancer) • National Family Caregivers Month • Great American Smokeout — third Thursday of November (ties in with vaping/nicotine prevention messaging)	December • National Impaired Driving Prevention Month ("3D Month" – Drunk and Drugged Driving) • Seasonal Affective Disorder (SAD) awareness ramps up with shortening daylight • Holiday season mental health and grief support messaging (loss, isolation, financial stress)
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----- Winter 2027 -----

January • Dry January • Mental Wellness Month • Continued Seasonal Affective Disorder (SAD) awareness (peak season) • National Mentoring Month	February • 211 Day — February 11 (2/11), United Way's day highlighting the 211 helpline for health and human service referrals • Teen Dating Violence Awareness Month • National Eating Disorders Awareness Week — last full week of February • American Heart Month (<i>often paired with stress-heart health messaging</i>)	March • Self-Injury Awareness Month, anchored by Self-Injury Awareness Day — March 1 • National Problem Gambling Awareness Month • Brain Injury Awareness Month • Kick Butts Day — third Wednesday of March (youth tobacco/vaping prevention, American Lung Association/Truth Initiative)
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----- Spring 2027 -----

April • Alcohol Awareness Month • Distracted Driving Awareness Month • Stress Awareness Month	May • Mental Health Awareness Month • National Prevention Week (SAMHSA) — early May • Children's Mental Health Awareness Week — first full week of May	June • LGBTQ Pride Month • Men's Health Month, capped by Men's Health Week (week ending Father's Day)
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• Sexual Assault Awareness Month • National Minority Health Month • Early prom/graduation safe celebrations messaging typically begins here and runs into May	• Mental Health Action Day — a designated day within the month (date varies by year) • Safe celebrations for prom and graduation — peak season for messaging on substance-free events, safe rides, and impaired driving prevention • Older Americans Month	• PTSD Awareness Month, with PTSD Awareness Day — June 27 • National Safety Month
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Year-Round

These don't belong to a single month but are worth sharing year-round:

- **Strong as Granite** - a platform that's raising awareness of the mental health and substance use support and resources available throughout New Hampshire. It's part of a coordinated effort to bring help, hope and healing to all Granite Staters. <https://www.dhhs.nh.gov/programs-services/health-care/behavioral-health/strong-granite>
- **NH Rapid Response Access Point & 988 Crisis Lifeline** — ongoing awareness, with anniversary messaging around July 16 (the date 988 went live in 2022) <https://nh988.com/>
- **Vaping and Nicotine Prevention** — spans Kick Butts Day (March) and Great American Smokeout (November), but relevant for youth-focused messaging in back-to-school (August/September) and prom/grad season (April/May) as well. In NH, free resources and free online health coaching for quitting at <https://nh.mylifemyquit.org/en-us/enroll-now/>, also at <https://www.breathenh.org/get-help/quit-smoking-vaping>
- **Stronger Than You Think Campaign (NH)** The *Stronger Than You Think* campaign supports open conversations between parents, caregivers, and adults who have strong relationships with youth, and the young people in their lives, about cannabis, tobacco, alcohol, or other drugs. <https://drugfreenh.org/prevention-campaigns-toolkits/stronger-than-you-think/>
- **Grief and survivor support** (suicide loss, overdose loss) — relevant around ISOS Day (November) but also meaningful during holidays (December) and around Overdose Awareness Day (August).
 - For Survivors in NH of Loss to substances/addiction see <https://grasphelp.org/community/meetings/united-states-chapters/new-hampshire/>
 - For Survivors in NH of suicide loss, see
 - <https://www.naminh.org/sosl/>
 - <https://afsp.org/chapter/nhlocalresources>



FREE VETERANS &
FIRST RESPONDERS
ART PROGRAM



2ND SAT OF THE MONTH
9 AM - 11 AM
TAMWORTH COMMUNITY
NURSE ASSOCIATION
86 MAIN STREET, TAMWORTH



**MORE INFO:
ARTSTAMWORTH.ORG**





- ✓ Care starts in a matter of weeks
- ✓ Evidence-based approach grounded in CBT
- ✓ Most major insurances accepted

Referring Patients to InStride Health

InStride provides specialty outpatient care for young people **ages 7–24** with **anxiety and/or OCD**.

Recognizing the signs and symptoms

- School avoidance
- Generalized anxiety and worry
- Obsessions and compulsions
- Panic attacks
- Social anxiety
- Separation anxiety
- Perfectionism
- Fears (of crowded places, vomiting, etc.)
- Academic anxiety
- Health anxiety
- Selective mutism
- Tics
- Hair pulling (trichotillomania)
- Skin picking (excoriation)
- Eating-related fears (ARFID)
- Obsessive concerns about body features
- Pediatric Acute-onset Neuropsychiatric Syndrome (PANS)
- Pediatric Autoimmune Neuropsychiatric Disorders Associated with Streptococcal Infections (PANDAS)

InStride Health is uniquely equipped to support families experiencing any of the following as a result of their child's anxiety or OCD:



Impairment with daily life

- Restricted activities (e.g., school, social, family)–“shrinking” the child's world
- Parent/caregiver strain, e.g., missed social activities and/or work



Previous unsuccessful treatment

- Lack of traction in prior therapy
- Need for increased wrap-around support and/or medication



Medical and other complexity

- Physical symptoms like headaches or GI issues
- Psychiatric comorbidities (see below)
- Passive suicidal ideation

Patients can have other co-occurring disorders, such as depression, ADHD, and high-functioning autism spectrum disorder (ASD), as long as their primary presenting issue is anxiety and/or OCD.

InStride is not suitable for active self-harm, active suicidality, substance use disorders, post-traumatic stress disorder, or eating disorders other than avoidant-restrictive food intake disorder (ARFID).

Insurances we accept in your region:

- Aetna (MA Only)
- Anthem BCBS (Empire)
- Blue Cross Blue Shield of Massachusetts
- ConnectiCare
- First Health Network
- Government Employees Health Association (GEHA)
- Harvard Pilgrim
- Horizon BCBS
- Mass General Brigham Health Plan
- National Association of Letter Carriers (NALC)
- Optum/UnitedHealthcare
- Oscar
- Oxford Health Plan
- Wellpoint (UniCare)

Refer a patient today.



Scan the QR code or visit InStride.Health to complete our quick referral application.

Families are typically connected with a trained InStride Health clinician for an intake call within just a few days.

For questions call **401.573.0208** or email jeff.roy@instride.health

ONLINE COURSE

Beyond the Clinic: Navigating Community Supports for Behavioral Health



Mental Health Care Access in Pediatrics



Department of
**HEALTH &
HUMAN SERVICES**

Division of
Public Health

PURPOSE

Equip your primary care team with the knowledge, skills, and strategies to collaboratively address pediatric behavioral health issues, strengthen team-based care, and effectively connect children and families with community resources.

AUDIENCE

Primary care providers and healthcare support staff who treat kids and teens in NH.

OVERVIEW

- Self-paced, asynchronous learning
- 10 modules



**Institute for Health
Policy and Practice**

This program is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$1,698,032 with 20% financed by nongovernmental sources. The contents are those of the authors and do not necessarily represent the official views of, nor an endorsement by, HRSA, DHHS, or the U.S. government. For more information, please visit HRSA.gov.

Modules

- Understanding Pediatric Behavioral Health
- Relationships with Community Resources
- Barriers to Behavioral Health Access
- Responding to Needs
- Supporting Families
- Creating a Resilient Culture
- Trauma-Informed Communication
- Integrated Behavioral Health
- Meeting Rural Needs
- Sustainability

REGISTER

Scan to register!



Questions?

Email Corina.Park@unh.edu



You are invited to the
Carroll County Food Access Network Gathering
October 13 • 2:00-3:30pm • Ossipee Concerned Citizens
3 Dore Street, Center Ossipee



- Meet The Carroll County Food Access Network members
- Celebrate the formation of our Backbone Leadership Team
- Learn about the Meals on Wheels Programs in the county

The Carroll County Food Access Network is a resource to optimize access to affordable, nutritious food for all people with efforts focused on supporting the local food system in Carroll County, NH.

WHITE HORSE RECOVERY PRESENTS
OCTOBER 25TH 2026 | 3-7 PM

Trunk or Treat

COME DRESSED IN YOUR FAVORITE COSTUME AND ENJOY THE HALLOWEEN FUN.
FUN FOR KIDS, FAMILIES, AND THE RECOVERY COMMUNITY.

Location: 2977 White Mountain Hwy.
North Conway, NH



WHITE HORSE RECOVERY PRESENTS
OCTOBER 25TH 2026 | 3-7 PM

Looking for Vehicles to Register!

*Prize for Most Creative
TRUNK!!!*

Trunk or Treat

Location: 2977 White Mountain Hwy.
North Conway, NH

BASIC RULES & GUIDELINES

Vehicles must be street-legal.

Registration required to participate.

Arrive between 2-3 for check-in.

To Register Call 603-651-1441 ext 1304

or email: Heather@whitehorseac.com



Free Winter Gear Giveaway

FREE GENTLY USED WINTER CLOTHING ITEMS FOR THE WHOLE FAMILY

NOVEMBER 14TH | 9:00 AM - 2:00 PM

Tri-County Community Action Program Resource Center
448A White Mountain Hwy, Tamworth, NH 03886

Stay warm this winter! Stop by to pick up **FREE** gently used winter clothing items for the whole family, coats, hats, gloves, and more (while supplies last).

Enjoy a cup of hot chocolate.

Connect with local resources, including TCCAP to learn about services available in your community.



JOINED BY:



And More!





Northeast Passage Popcorn Stories



An introduction to storytelling event for veterans, national guard members, military first responders, and their loved ones.

In collaboration with Carroll County Veterans Coalition

Everyone Has a Story to Tell. Let Yours POP!

Come together in a welcoming exploration of storytelling,
listening and connection.



November 4 6-8 PM



To Register

www.nepassage.org/calendar
or call 603/862-0070



Wright Museum of WW II
77 Center St
Wolfeboro, NH 03894



Parking on sight



Please contact us regarding ASL interpreter needs



The Northeast Passage Popcorn Stories Series is funded in part by Creative Forces®: NEA Military Healing Arts Network, an initiative of the National Endowment in partnership with the U.S. Departments of Defense and Veterans Affairs. Creative Forces Community Engagement Grant program is managed by Mid-America Arts Alliance. Matching funds are provided by the J.D. McGonagle Foundation and in collaboration with Stellar Story Company.





Make It. Share It. Get It Seen.

A Nonprofit Communications 101 Crash Course

QR Codes

Inclusive
Messaging

Hashtags

LAYOUT

AI

POST SCHEDULING



Fonts

**File
Size**

Newsletters



Pixels



Jan 7th, 12 PM

FREE - One Hour Virtual Class

All Experience Levels Welcome!

Presented by designer & author

JulianneDiBlasi.com

<https://bit.ly/January7class>

REGISTRATION CLOSING 01.06.27



Looking for support?

Connect with a live Resource Navigator today!

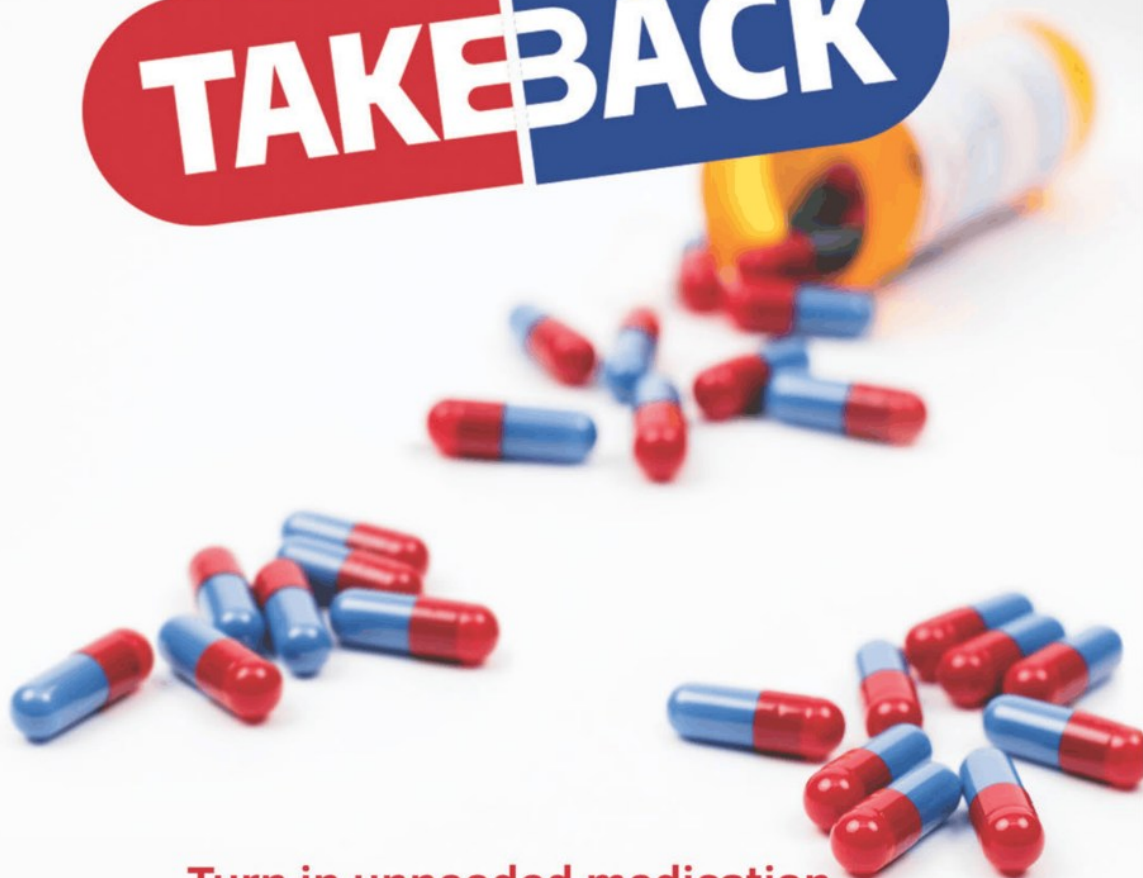
A real person will be in touch to connect you with services like food, healthcare, and more, or help you explore what resources are available in your community.

**Scan the QR code or visit online to
request support - we will reach out
within 48 hours Monday - Friday
to assist you.**

[www.dhhs.nh.gov/programs-services/
nh-care-connections/
request-connect-navigator](http://www.dhhs.nh.gov/programs-services/nh-care-connections/request-connect-navigator)



DEA NATIONAL ^{Rx} **TAKEBACK**



**Turn in unneeded medication
for safe disposal.**

**Saturday, October 24
10 a.m.–2 p.m.**

Keep them safe. Clean them out. Take them back.

Visit **DEATakeBack.com** for a collection site near you.



International Survivors of Suicide Loss Day

November 21, 2026

Join fellow survivors of suicide loss for a day of connection, understanding and hope through shared experience.

The event will:

- Provide participants with a sense of connection to others who have experienced suicide loss
- Create space for participants to remember the person(s) they lost to suicide
- Provide opportunities for participants to foster a sense of hope and healing

Local Event Information

Mount Washington Valley, NH
MWV Adult Day Center
987 East Main St.
Center Conway, NH 03813
Register: tinyurl.com/MWVSurvivorDay26

Questions?

Catalina Kirsch
Email: catalina.kirsch@graniteuw.org
Phone: 603-301-1252 ext. 2



afsp.org/SurvivorDay



American
Foundation
for Suicide
Prevention